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Congreso Sociedad
Andaluza de Cardiología

“Congreso Andaluz de las
Enfermedades Cardiovasculares”

14 – 16 mayo
2015

Hotel Abades Nevada Palace
Granada



Nuevas evidencias en antiagregación en cardiopatía isquémica



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European Heart Journal
doi:10.1093/eurheartj/ehu505

CLINICAL RESEARCH

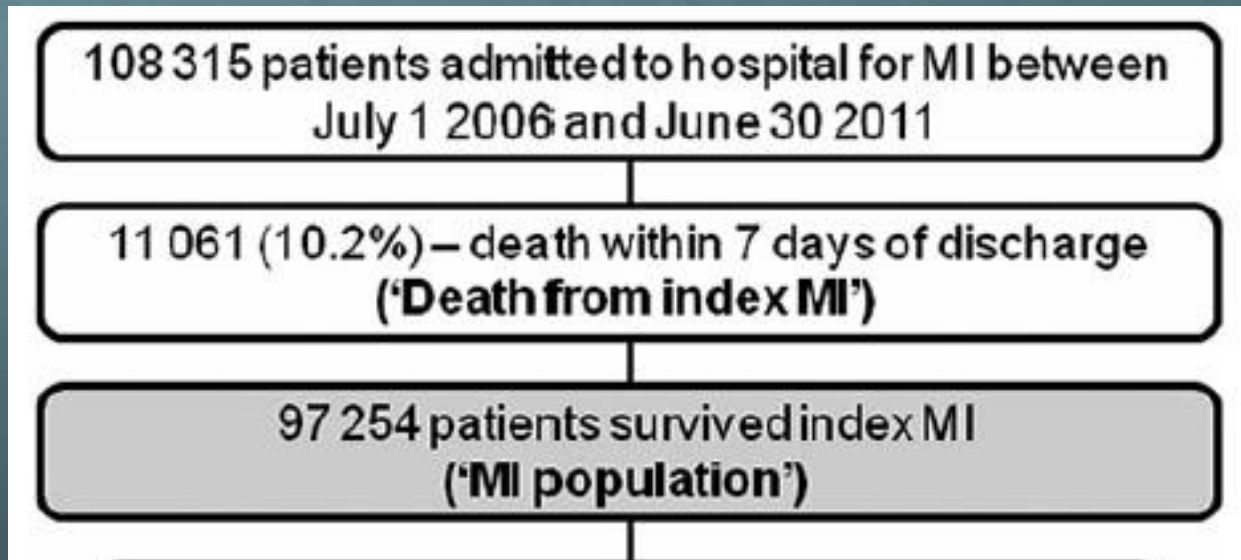
Acute Coronary Syndrome

Cardiovascular risk in post-myocardial infarction patients: nationwide real world data demonstrate the importance of a long-term perspective

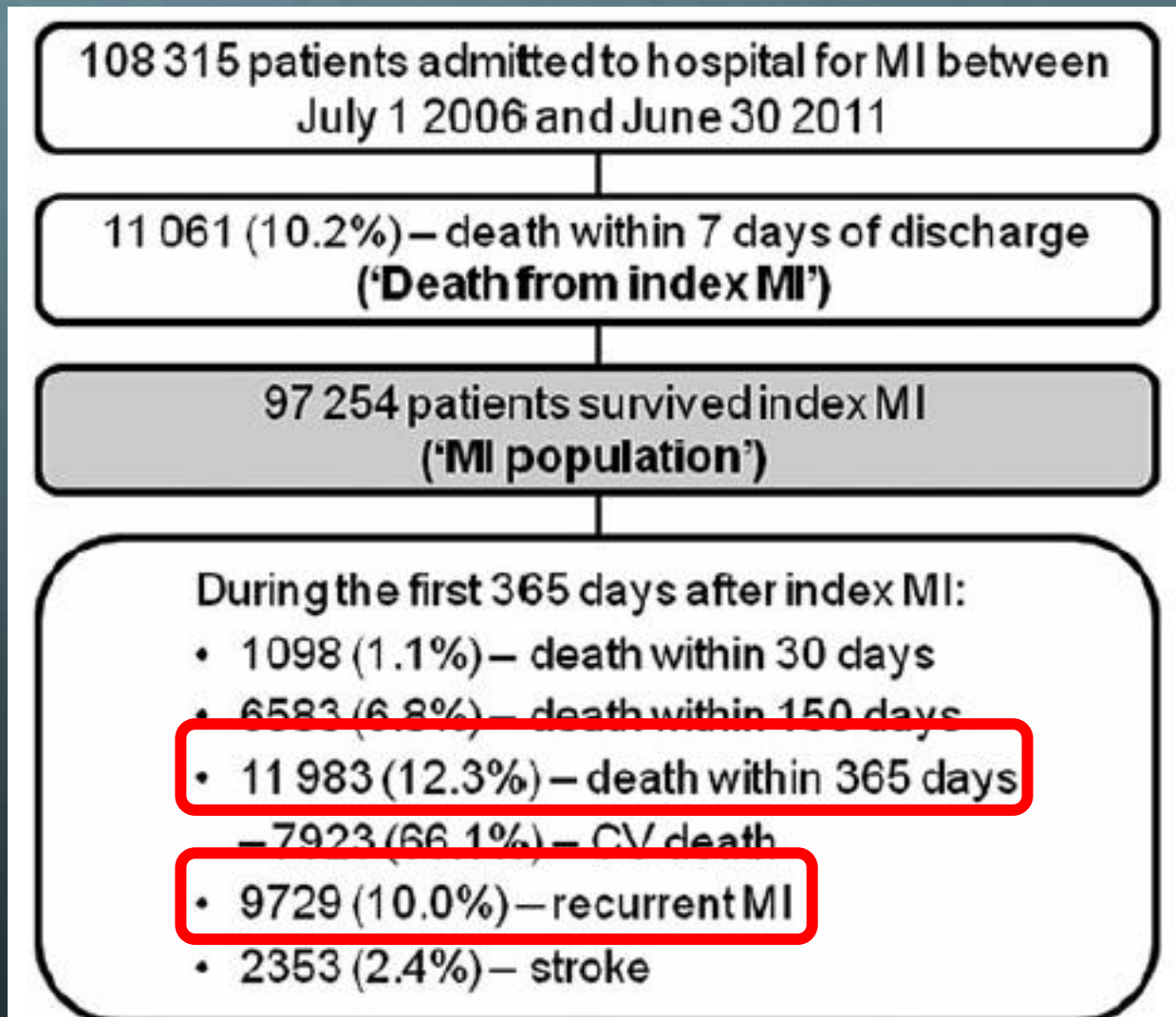
Tomas Jernberg^{1*}, Pål Hasvold², Martin Henriksson², Hans Hjelm³, Marcus Thuresson⁴, and Magnus Janzon^{5,6}

¹Department of Medicine, Huddinge, Karolinska Institutet, Department of Cardiology, Karolinska University Hospital, 141 86 Stockholm, Sweden; ²AstraZeneca NordicBaltic, Södertälje, Sweden; ³Nyköping Hospital, Nyköping, Sweden; ⁴Statisticon AB, Uppsala, Uppsala 753 22, Sweden; ⁵Department of Cardiology, Linköping University, Linköping, Sweden; and ⁶Department of Medical and Health Sciences, Linköping University, Linköping, Sweden

Received 18 July 2014; revised 4 December 2014; accepted 16 December 2014



EN EL 1º AÑO





76 687 patients survived for 12 months
without a subsequent MI or stroke
(‘Post-MI survivor population’)

A PARTIR DEL 1º AÑO



76 687 patients survived for 12 months
without a subsequent MI or stroke
(‘Post-MI survivor population’)

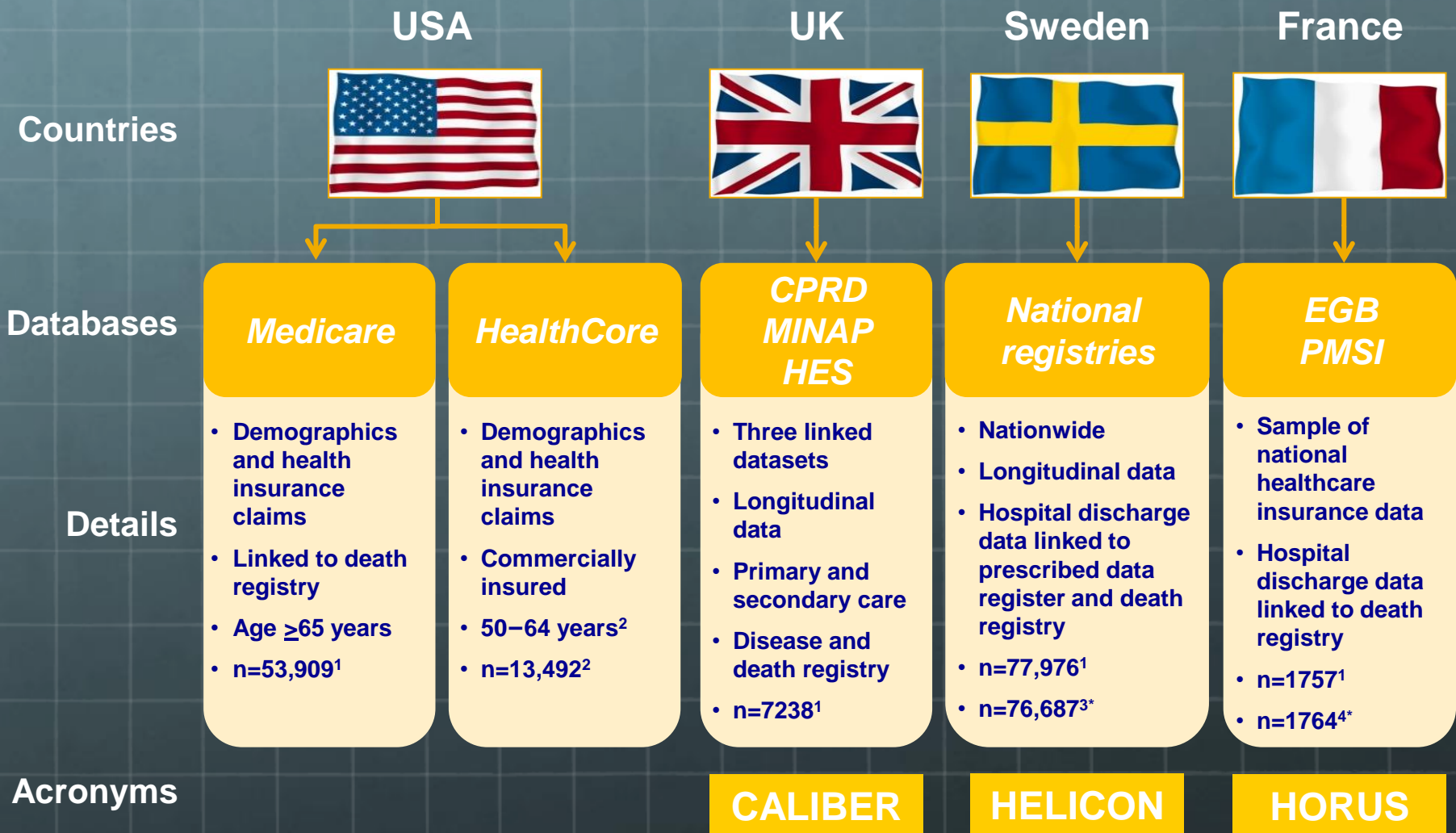
8321 (10.9%) patients experienced an event
during the next 12 months:

- 5455 (7.1%) – death
 - 3104 (56.9%) – CV death
- 2760 (3.6%) – recurrent MI
- 1083 (1.4%) – stroke

13 567 (17.7%) patients experienced an event
during the next 24 months:

- 9979 (13.0%) – death
 - 5343 (53.5%) – CV death
- 4319 (5.6%) – recurrent MI
- 1755 (2.3%) – stroke

APOLLO: 5 estudios individuales en 4 países que reunieron >150.000 pacientes



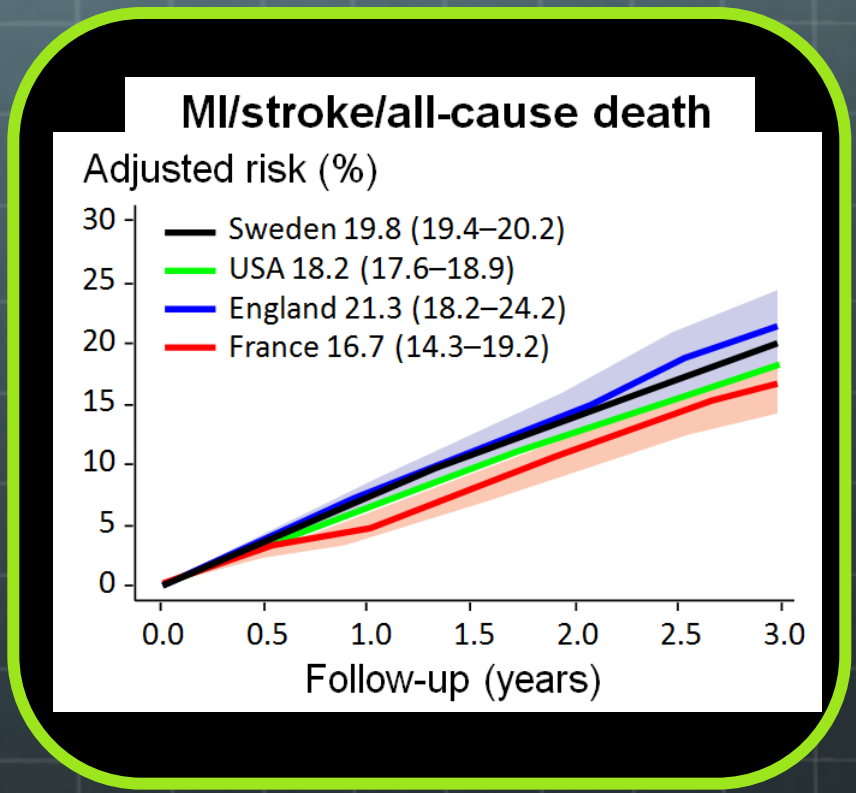
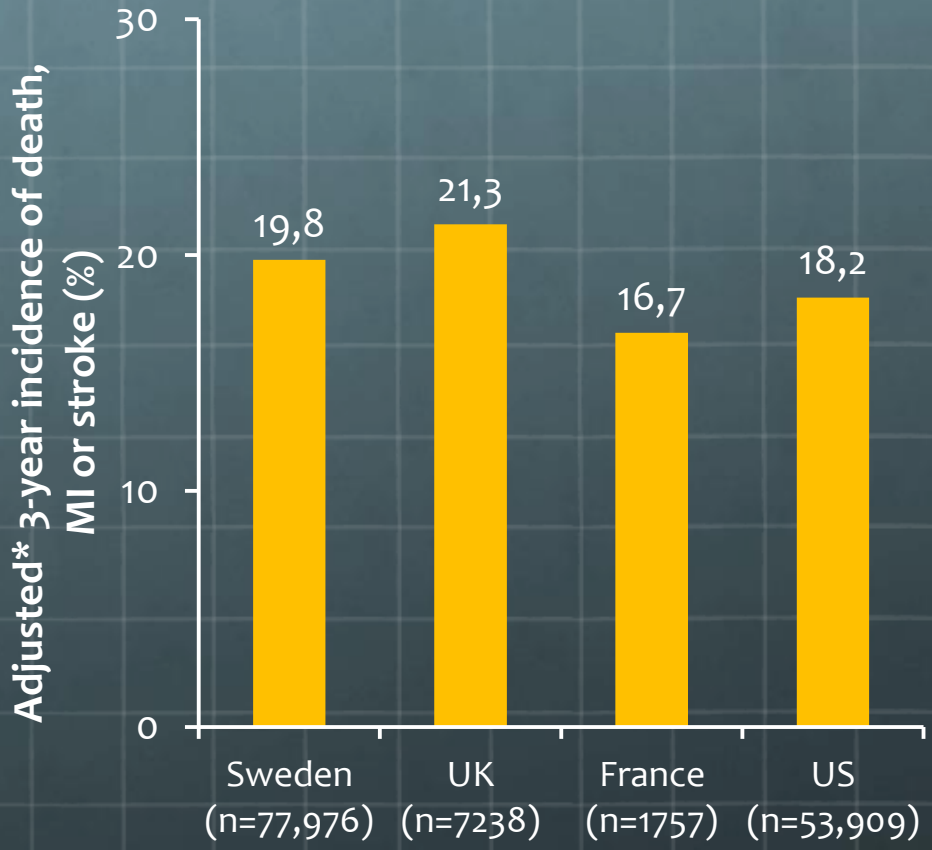
¹Rapsomaniki E, et al. ESC Late Breaking Registry abstract 2014: In press; ²DeVore S, et al. ISPOR poster 2014;

³Jernberg T, et al. ESC poster 2014: In press; ⁴Blin P, et al. ESC poster 2014: In press.

*This differs from the N in the 4-country analysis (Rapsomaniki E, et al) due to harmonisation of the data

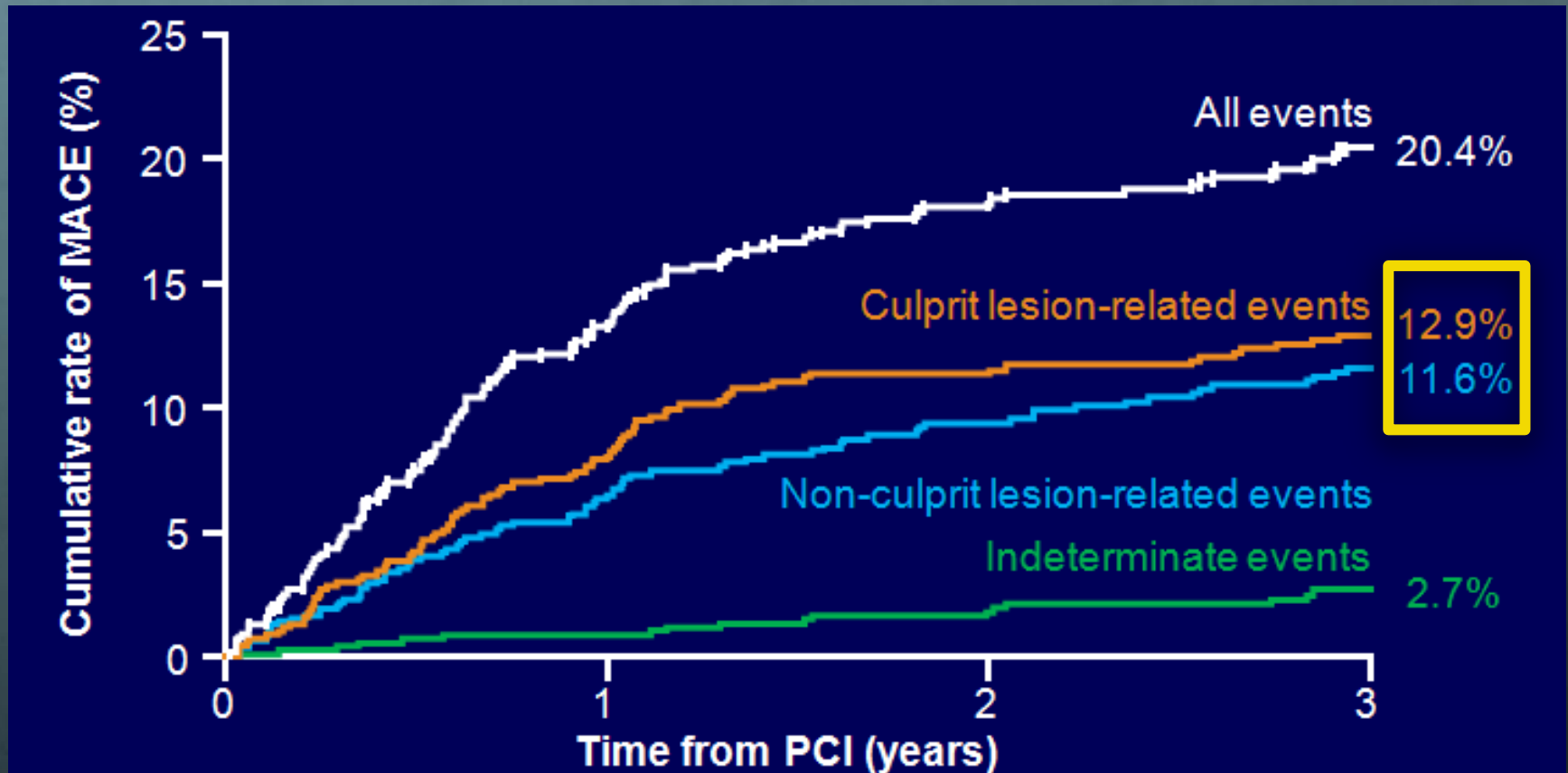


Uno de cada cinco de los pacientes libres de eventos en el primer año tras un infarto, sufrirán en los siguientes tres años un ictus, muerte o infarto



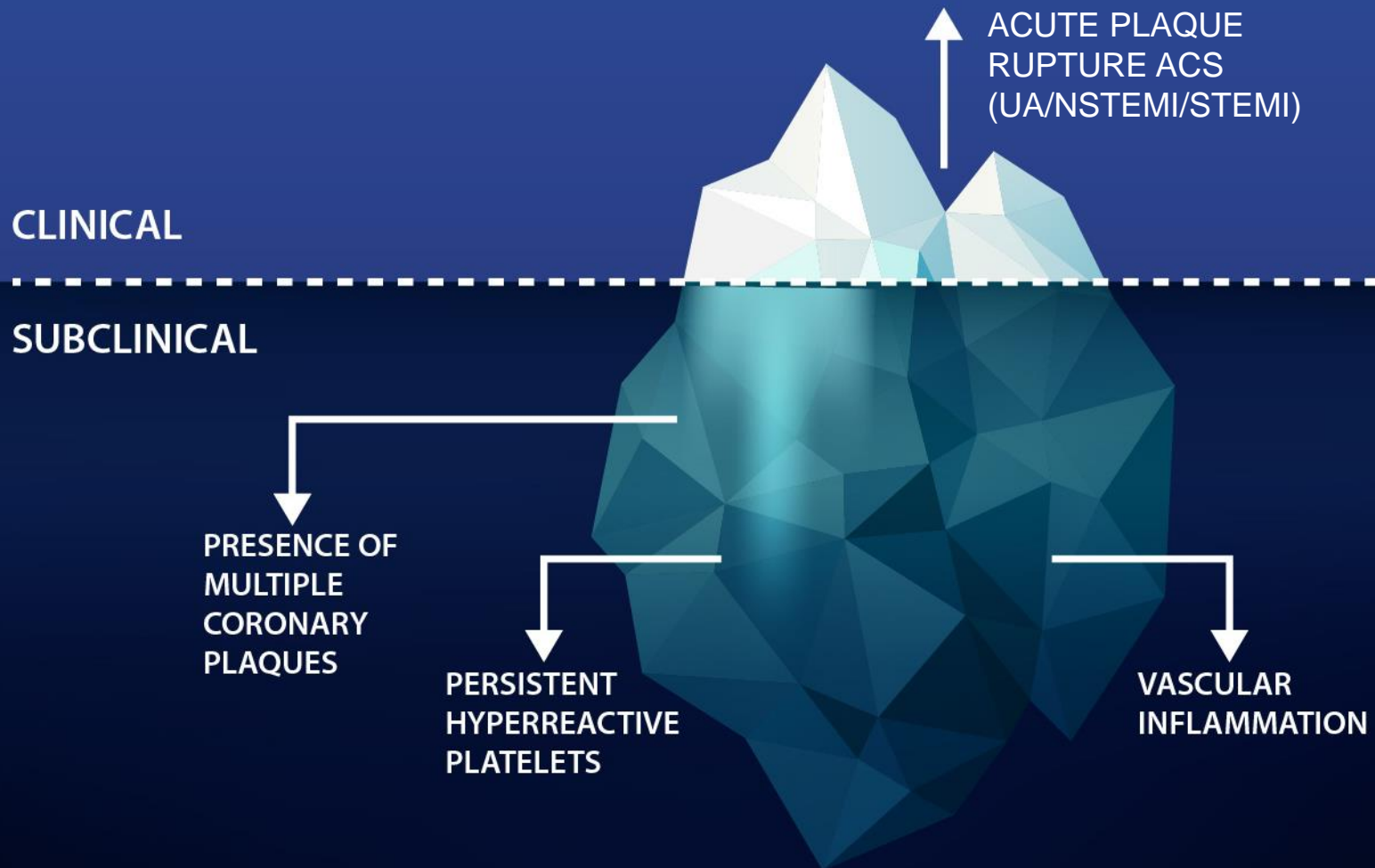
*Adjusted for differences in study populations; MI, myocardial infarction. Shaded areas / figures in brackets [95%CI]
Rapsomaniki E, et al. ESC Late Breaking Registry presentation 2014: In press.

Los eventos recurrentes en los pacientes con SCA pueden ser consecuencia de nuevas placas ATC o de las lesiones culpables iniciales



🌐 PROSPECT study: Prospective study of the natural history of atherosclerosis over 3 years in patients with ACS who underwent PCI (n=697)

El SCA es la punta del “icerberg aterotrombótico”





ACUTE PLAQUE
RUPTURE ACS
(UA/NSTEMI/STEMI)

CLINICAL



ATEROSCLEROSIS

SCA

ATEROSCLEROSIS



CARDIOPATÍA ISQUÉMICA

ICP

PRESENCE OF
MULTIPLE
CORONARY
PLAQUES

ICP

PERSISTENT
HYPERREACTIVE
PLATELETS

ICP

VASCULAR
INFLAMMATION

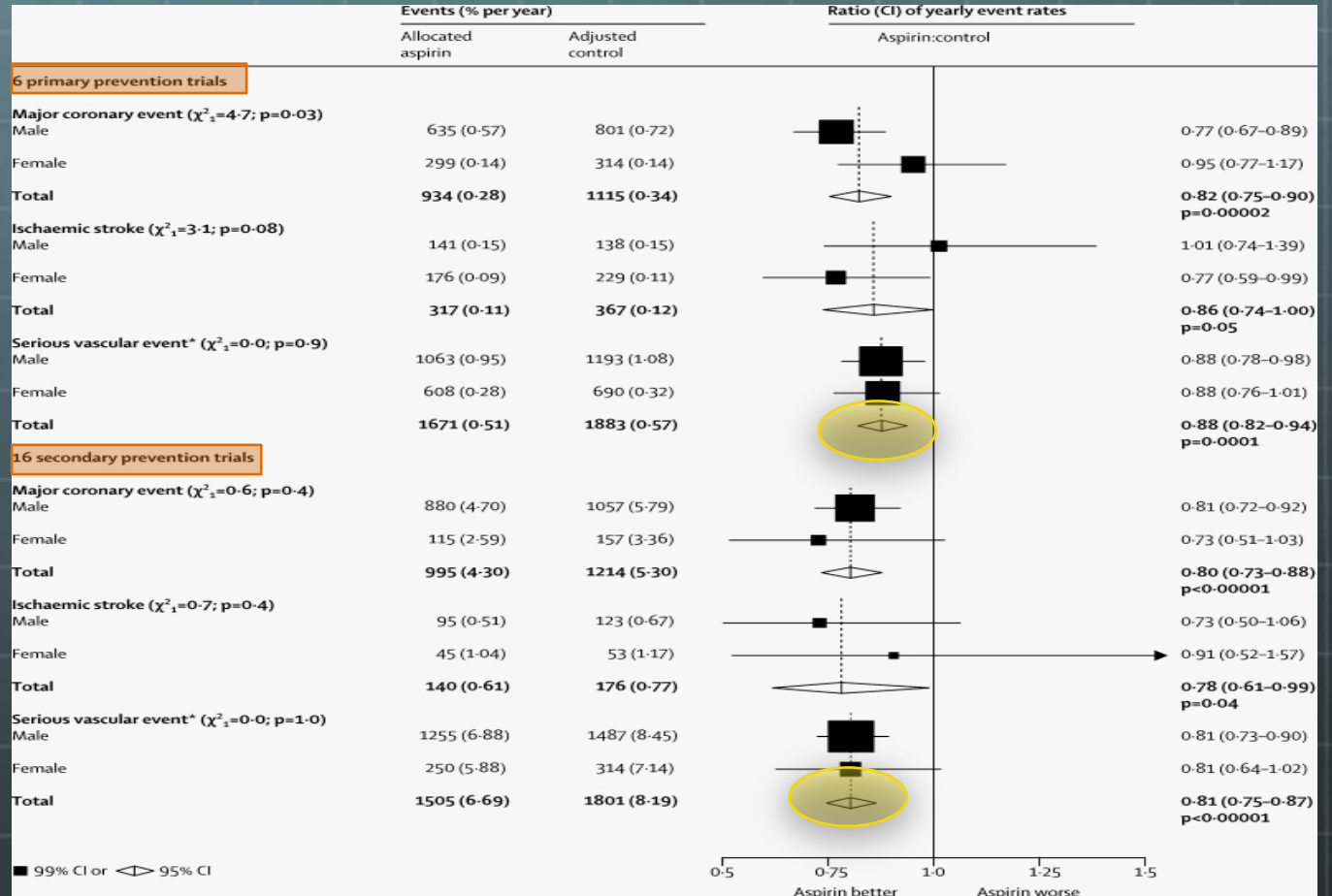
...



RIESGO RESIDUAL



AAS



Antithrombotic Trialists' (ATT) Col- laboration. Aspirin in the primary and secondary prevention of vascular disease: collaborative meta-analysis of individual participant data from randomised trials. Lancet 2009;373:1849-60.

En el primer año tras un SCA...



CURE Clopidogrel

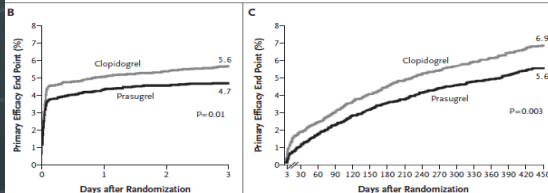
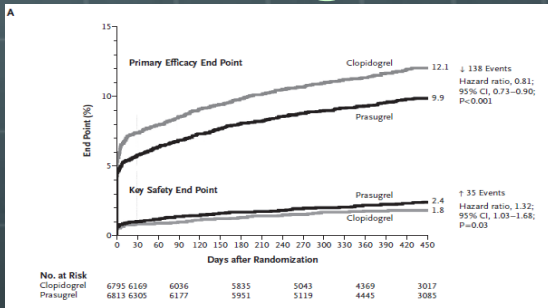
CURE: Primary Outcome: MI/Stroke/CV Death



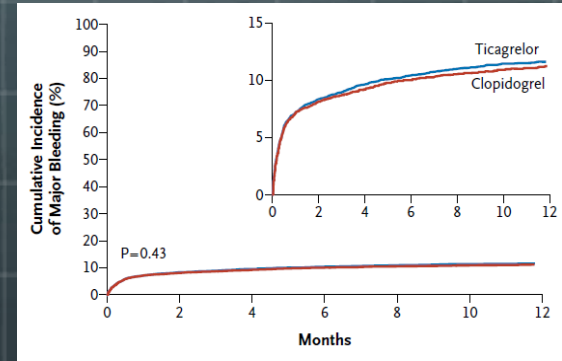
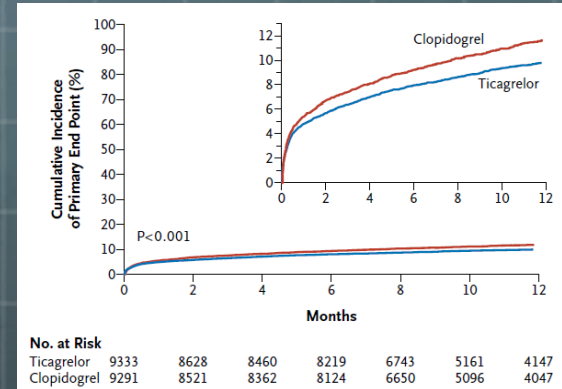
* In addition to other standard therapies.

CURE Investigators. *N Engl J Med.* 2001;345:494.

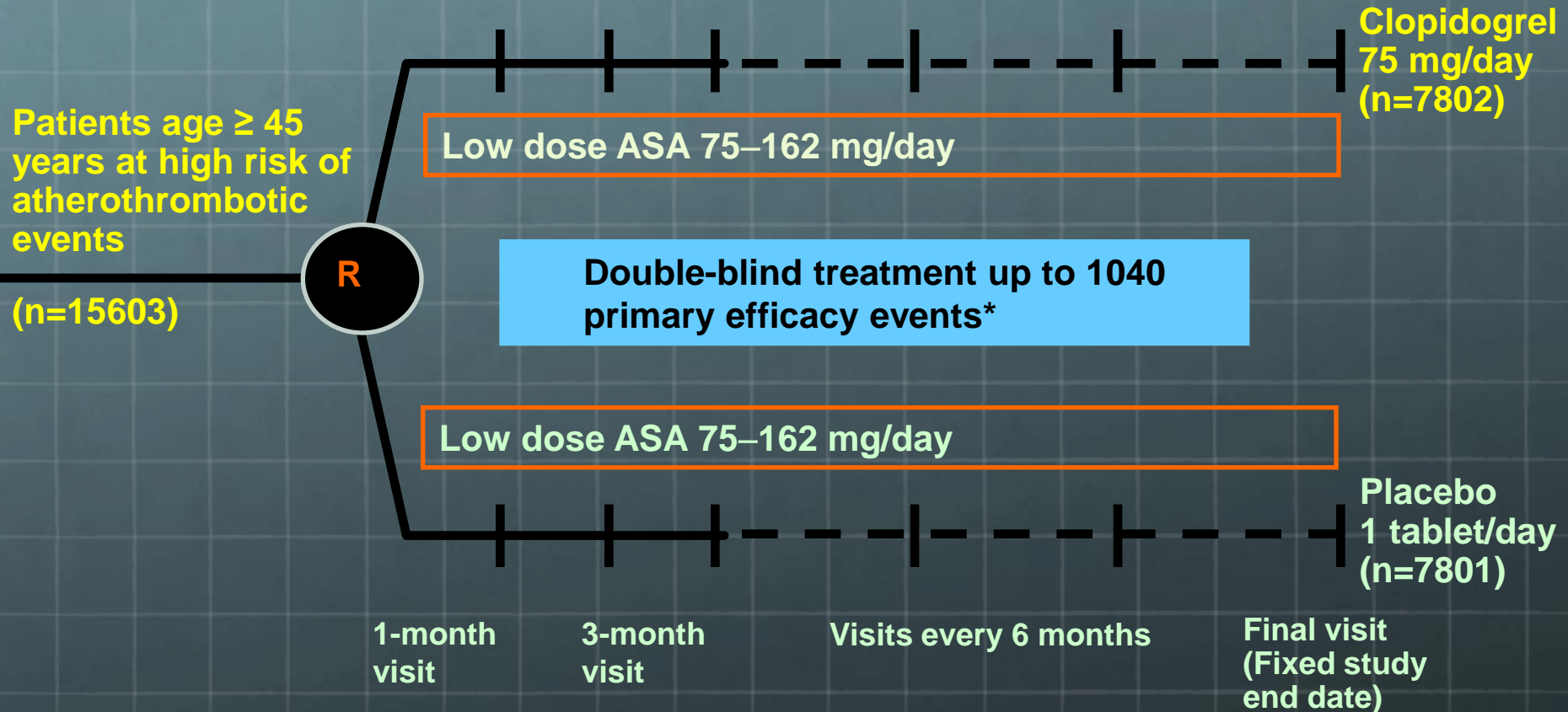
TRITON TIMI 38 Prasugrel



PLATO Ticagrelor

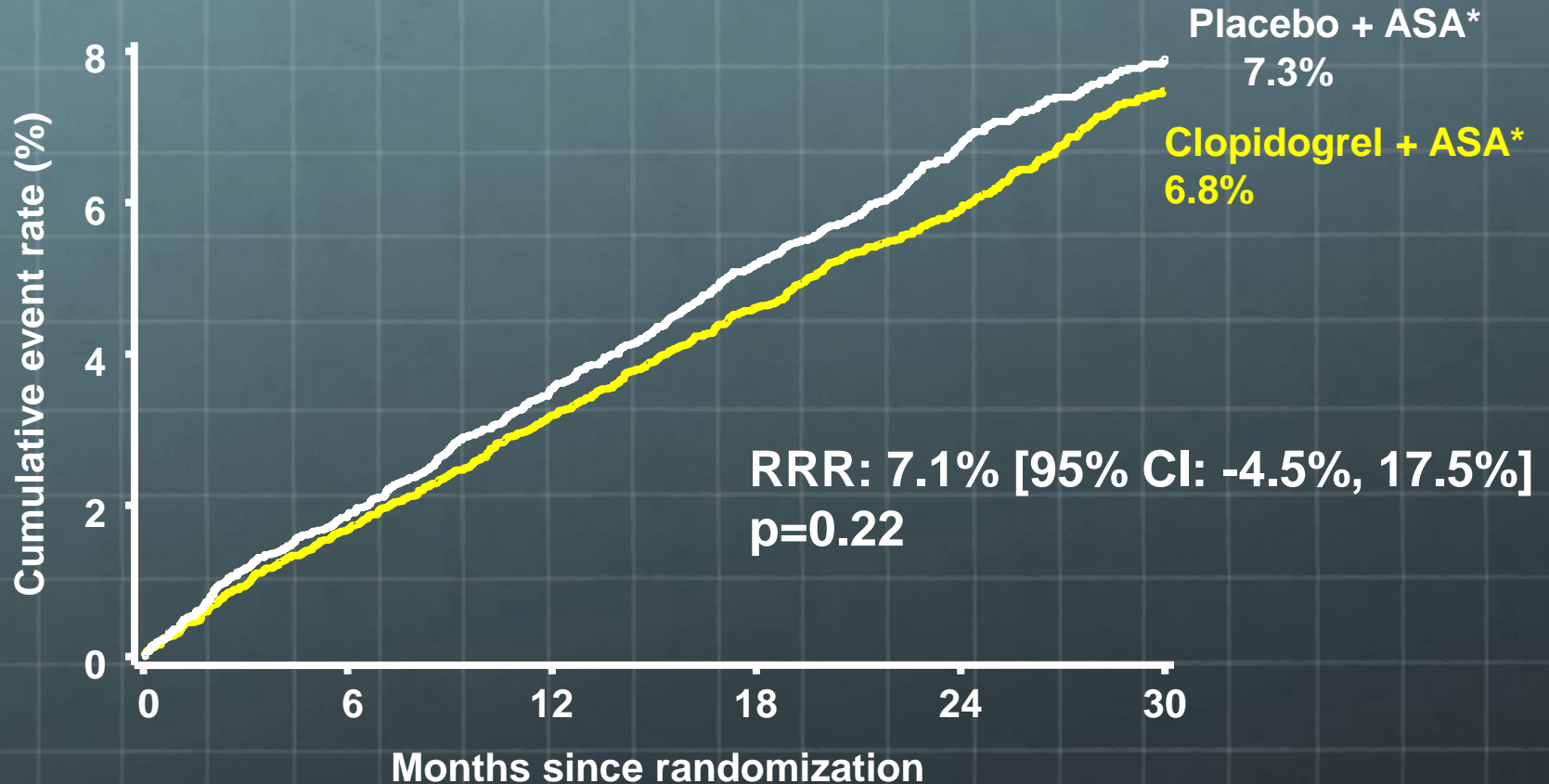


CHARISMA



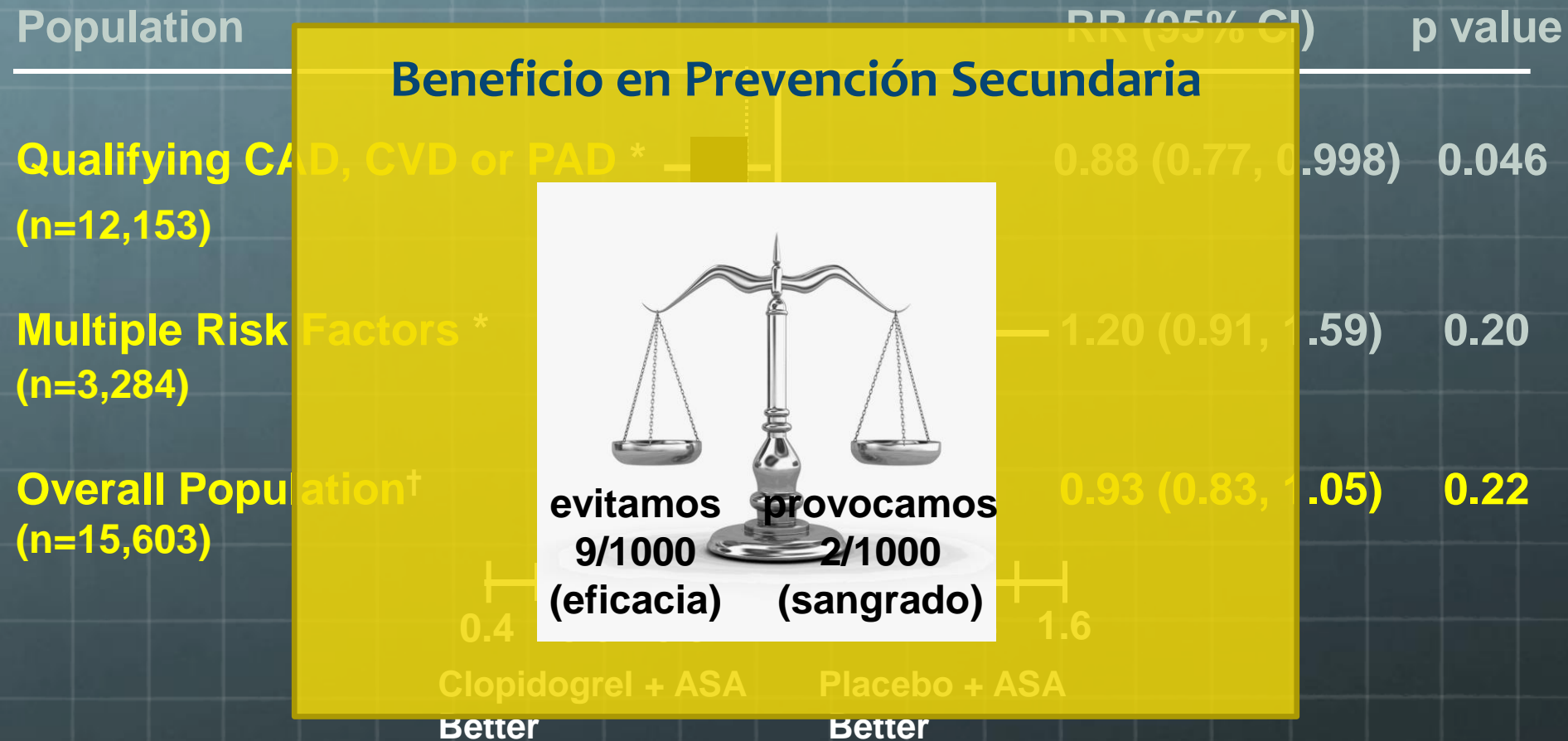
* MI (fatal or non-fatal), stroke (fatal or non-fatal), or cardiovascular death; event-driven trial Bhatt DL et al. Am Heart J 2004; 148: 263–268.

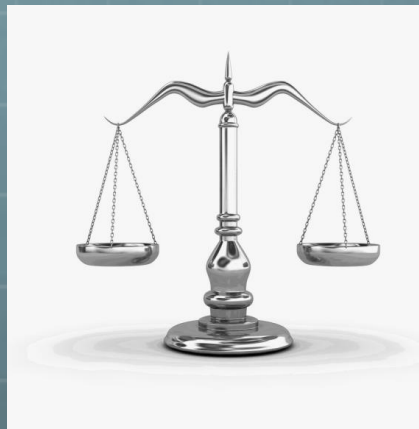
Población general: Ictus/IAM/Muerte



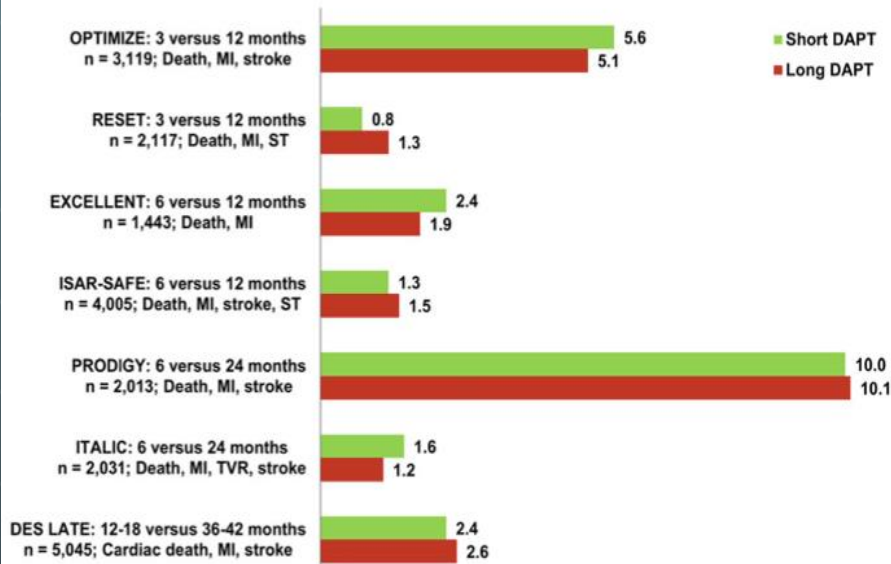


Por subgrupos: Primary Efficacy Results

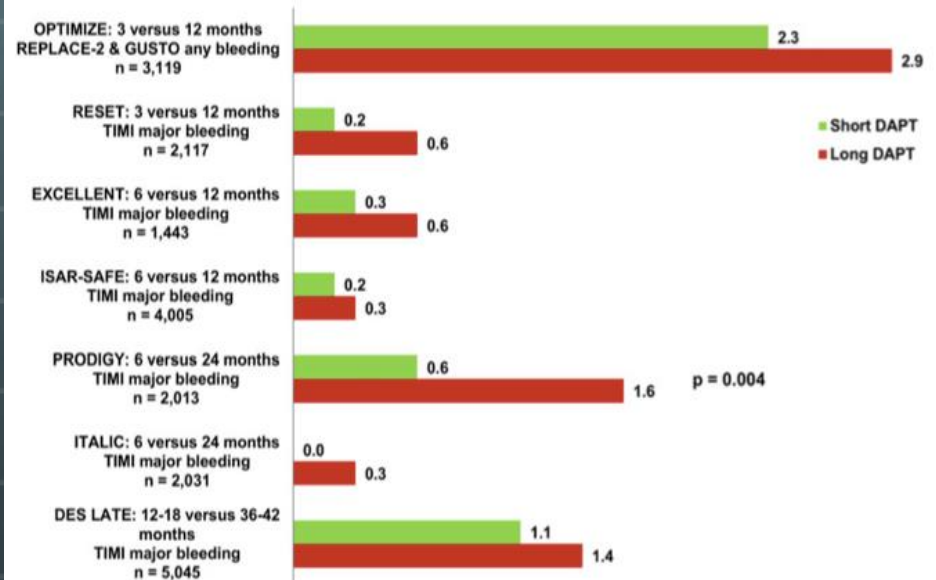




MACCE and DAPT Duration



Bleeding and DAPT Duration



Duration of dual antiplatelet therapy after coronary artery stenting: where is the sweet spot between ischaemia and bleeding?

Ronald K. Binder and Thomas F. Lüscher*



The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

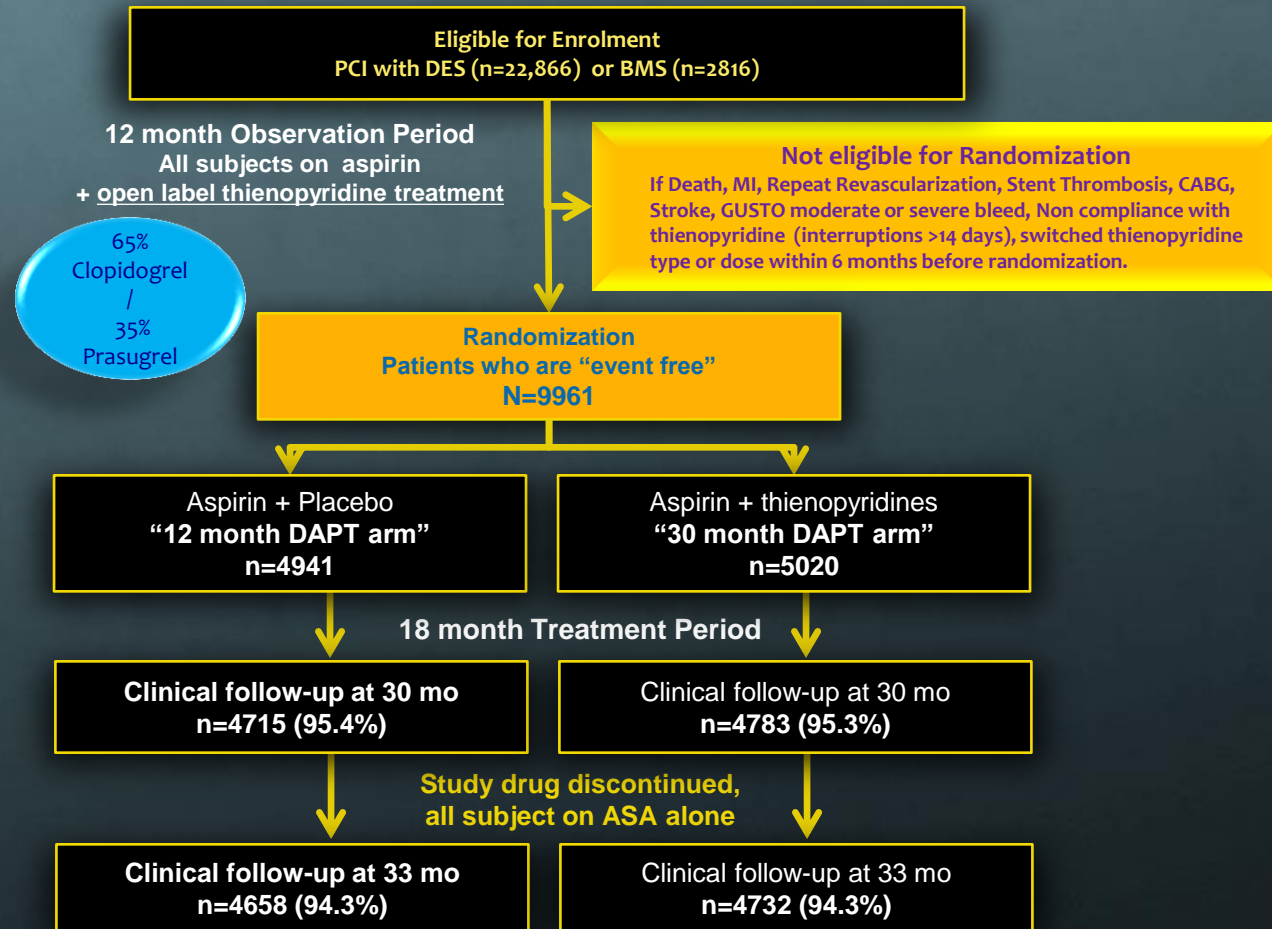
Twelve or 30 Months of Dual Antiplatelet Therapy after Drug-Eluting Stents

Laura Mauri, M.D., Dean J. Kereiakes, M.D., Robert W. Yeh, M.D., Priscilla Driscoll-Shempp, M.B.A., Donald E. Cutlip, M.D., P. Gabriel Steg, M.D., Sharon-Lise T. Normand, Ph.D., Eugene Braunwald, M.D., Stephen D. Wiviott, M.D., David J. Cohen, M.D., David R. Holmes, Jr., M.D., Mitchell W. Krucoff, M.D., James Hermiller, M.D., Harold L. Dauerman, M.D., Daniel I. Simon, M.D., David E. Kandzari, M.D., Kirk N. Garratt, M.D., David P. Lee, M.D., Thomas K. Pow, M.D., Peter Ver Lee, M.D., Michael J. Rinaldi, M.D., and Joseph M. Massaro, Ph.D., for the DAPT Study Investigators*



Estudio DAPT

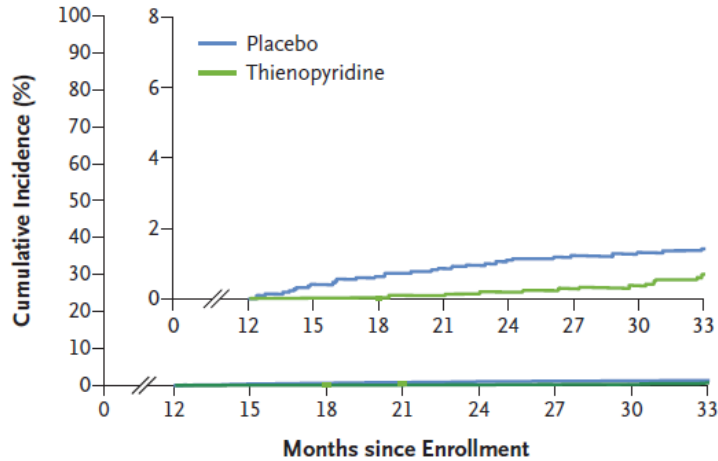
12 vs. 30 months of DAPT-Thienopyridines in patients with a PCI



Resultados DAPT

Stent Thrombosis

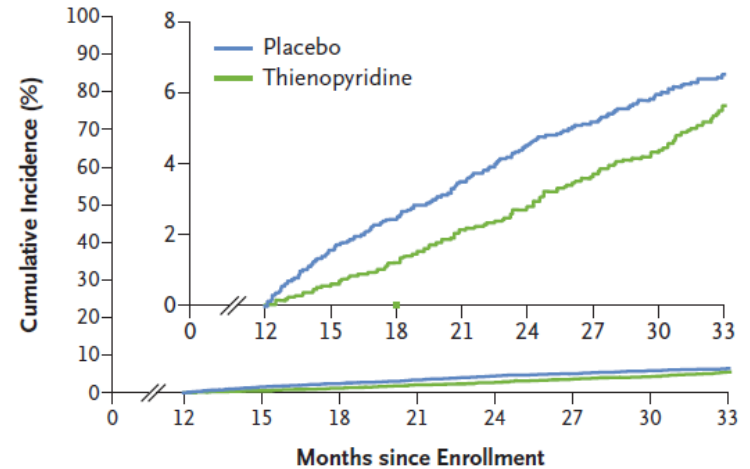
12–30 mo Thienopyridine vs. placebo, 0.4% vs. 1.4%; hazard ratio, 0.29; P<0.001
 12–33 mo Thienopyridine vs. placebo, 0.7% vs. 1.4%; hazard ratio, 0.45; P<0.001



No. at Risk	0	12	15	18	21	24	27	30	33
Thienopyridine	5020	4934	4870	4828	4765	4686	4642	3110	
Placebo	4941	4845	4775	4721	4651	4603	4556	3105	

Major Adverse Cardiovascular and Cerebrovascular Events

12–30 mo Thienopyridine vs. placebo, 4.3% vs. 5.9%; hazard ratio, 0.71; P<0.001
 12–33 mo Thienopyridine vs. placebo, 5.6% vs. 6.5%; hazard ratio, 0.82; P=0.02



No. at Risk	0	12	15	18	21	24	27	30	33
Thienopyridine	5020	4917	4840	4778	4702	4611	4554	3029	
Placebo	4941	4799	4715	4635	4542	4476	4412	2997	

Table 3. Bleeding End Point during Month 12 to Month 30.*

Bleeding Complications	Continued Thienopyridine (N = 4710)	Placebo (N = 4649)	Difference	Two-Sided P Value for Difference
	<i>no. of patients (%)</i>		<i>percentage points (95% CI)</i>	
GUSTO severe or moderate†	119 (2.5)	73 (1.6)	1.0 (0.4 to 1.5)	0.001
Severe	38 (0.8)	26 (0.6)	0.2 (−0.1 to 0.6)	0.15
Moderate	81 (1.7)	48 (1.0)	0.7 (0.2 to 1.2)	0.004
BARC type 2, 3, or 5	263 (5.6)	137 (2.9)	2.6 (1.8 to 3.5)	<0.001
Type 2	145 (3.1)	72 (1.5)	1.5 (0.9 to 2.1)	<0.001
Type 3	122 (2.6)	68 (1.5)	1.1 (0.6 to 1.7)	<0.001
Type 5	7 (0.1)	4 (0.1)	0.1 (−0.1 to 0.2)	0.38

Resultados DAPT

Table 2. Stent Thrombosis and Major Adverse Cardiovascular and Cerebrovascular Events.*

Outcome	Continued Thienopyridine (N = 5020)	Placebo (N = 4941)	Hazard Ratio, Thienopyridine vs. Placebo (95% CI)†	P Value‡
	<i>no. of patients (%)</i>			
Stent thrombosis‡	19 (0.4)	65 (1.4)	0.29 (0.17–0.48)	<0.001
Definite	15 (0.3)	58 (1.2)	0.26 (0.14–0.45)	<0.001
Probable	5 (0.1)	7 (0.1)	0.71 (0.22–2.23)	0.55
Major adverse cardiovascular and cerebrovascular events§	211 (4.3)	285 (5.9)	0.71 (0.59–0.85)	<0.001
Death	98 (2.0)	74 (1.5)	1.36 (1.00–1.85)	0.05
Cardiac	45 (0.9)	47 (1.0)	1.00 (0.66–1.52)	0.98
Vascular	5 (0.1)	5 (0.1)	0.98 (0.28–3.39)	0.98
Noncardiovascular	48 (1.0)	22 (0.5)	2.23 (1.32–3.78)	0.002
Myocardial infarction	99 (2.1)	198 (4.1)	0.47 (0.37–0.61)	<0.001
Stroke	37 (0.8)	43 (0.9)	0.80 (0.51–1.25)	0.32
Ischemic	24 (0.5)	34 (0.7)	0.68 (0.40–1.17)	0.16
Hemorrhagic	13 (0.3)	9 (0.2)	1.20 (0.50–2.91)	0.68
Type uncertain	0	1 (<0.1)	—	0.32



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<http://dx.doi.org/10.1016/j.jacc.2015.01.039>

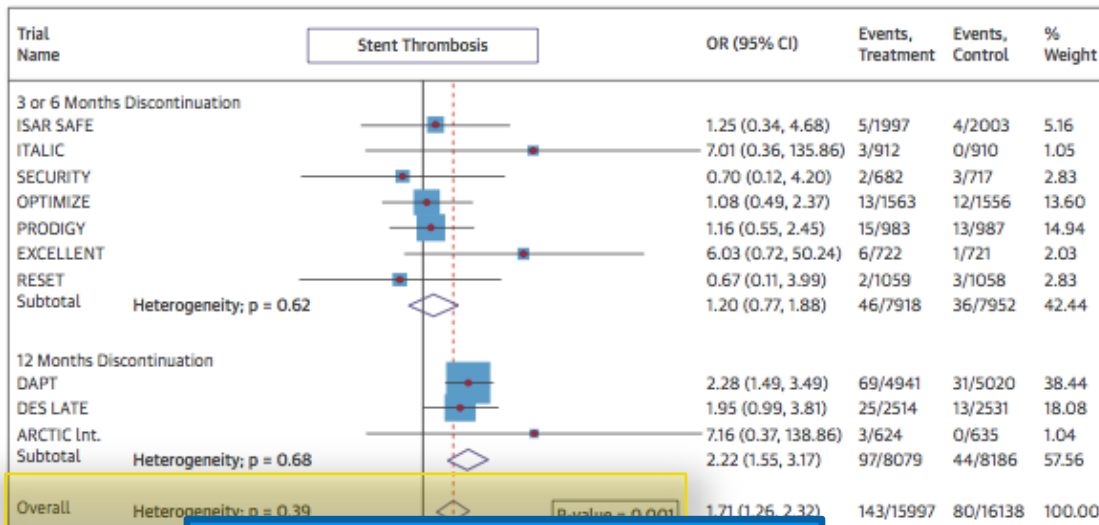
Duration of Dual Antiplatelet Therapy After Drug-Eluting Stent Implantation



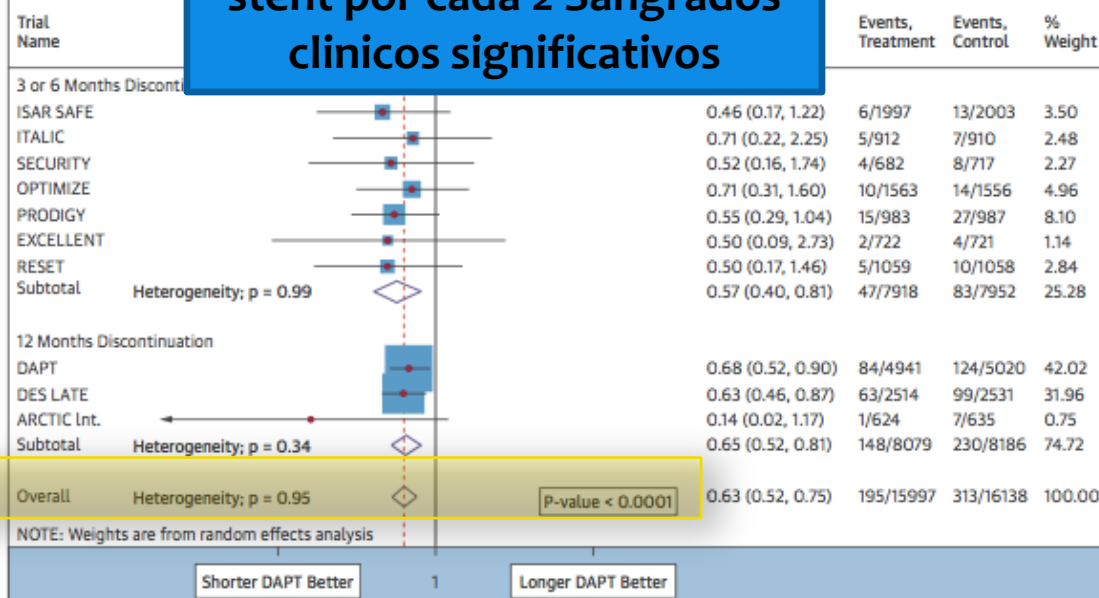
A Systematic Review and Meta-Analysis of Randomized Controlled Trials

Gennaro Giustino, MD,* Usman Baber, MD,* Samantha Sartori, PhD,* Roxana Mehran, MD,* Ioannis Mastoris, MD,*
Annapoorna S. Kini, MD,* Samin K. Sharma, MD,* Stuart J. Pocock, PhD,[†] George D. Dangas, MD, PhD*

FIGURE 2 Stent Thrombosis and Clinically Significant Bleeding in Randomized Clinical Trials



Evitamos 1 trombosis de stent por cada 2 Sangrados clinicos significativos



Study (Ref. #)	ACS (%)
3- or 6-month DAPT disco	
ISAR-SAFE (16)	40
ITALIC (17)	24
SECURITY (18)	38.5
OPTIMIZE (15)	32.5
PRODIGY (20)	75
EXCELLENT (19)	52
RESET (14)	54
12-month DAPT discontin	
DAPT (7)	43
DES-LATE (22)	61
ARCTIC-Interruption (21)	-

≈ 45 % SCA





STENT THROMBOSIS

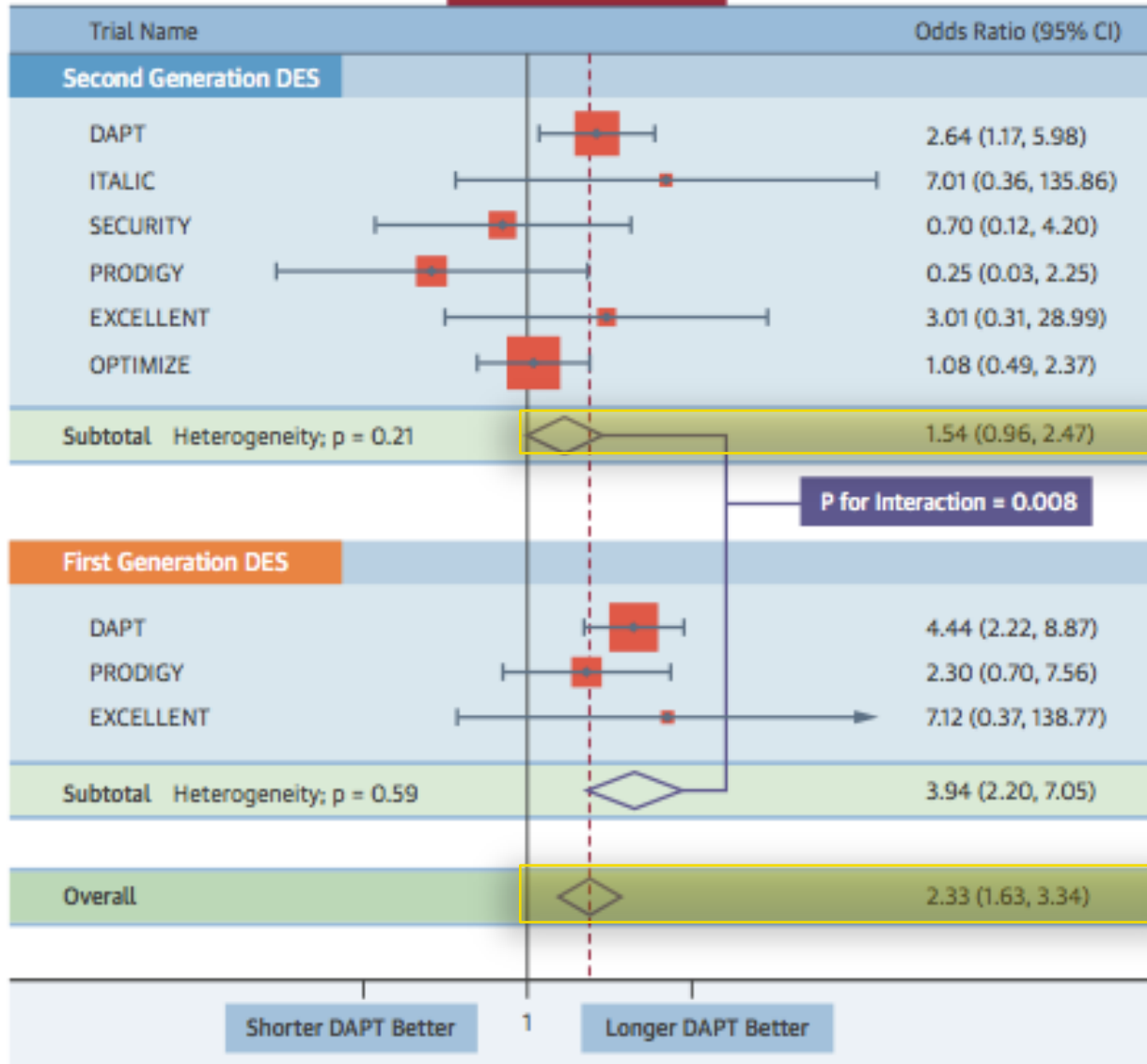




FIGURE 3 Myocardial Infarction and Stroke in Randomized Clinical Trials

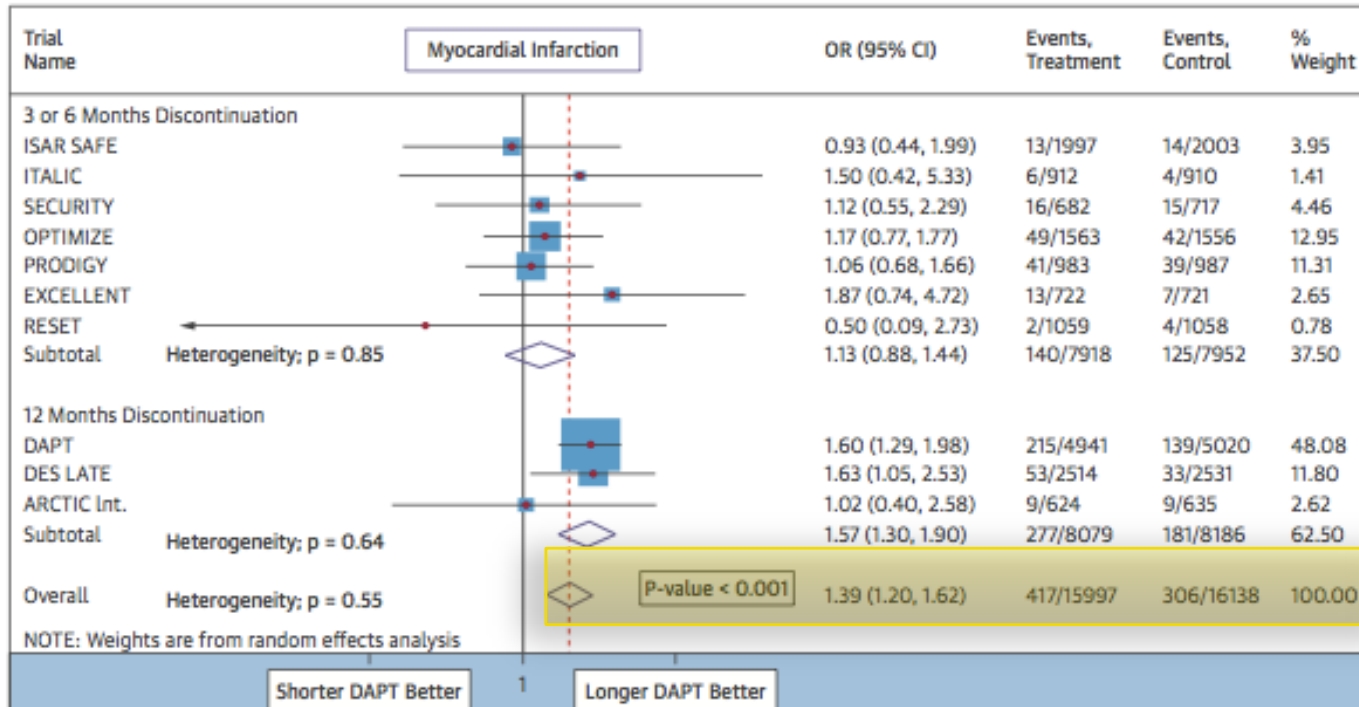
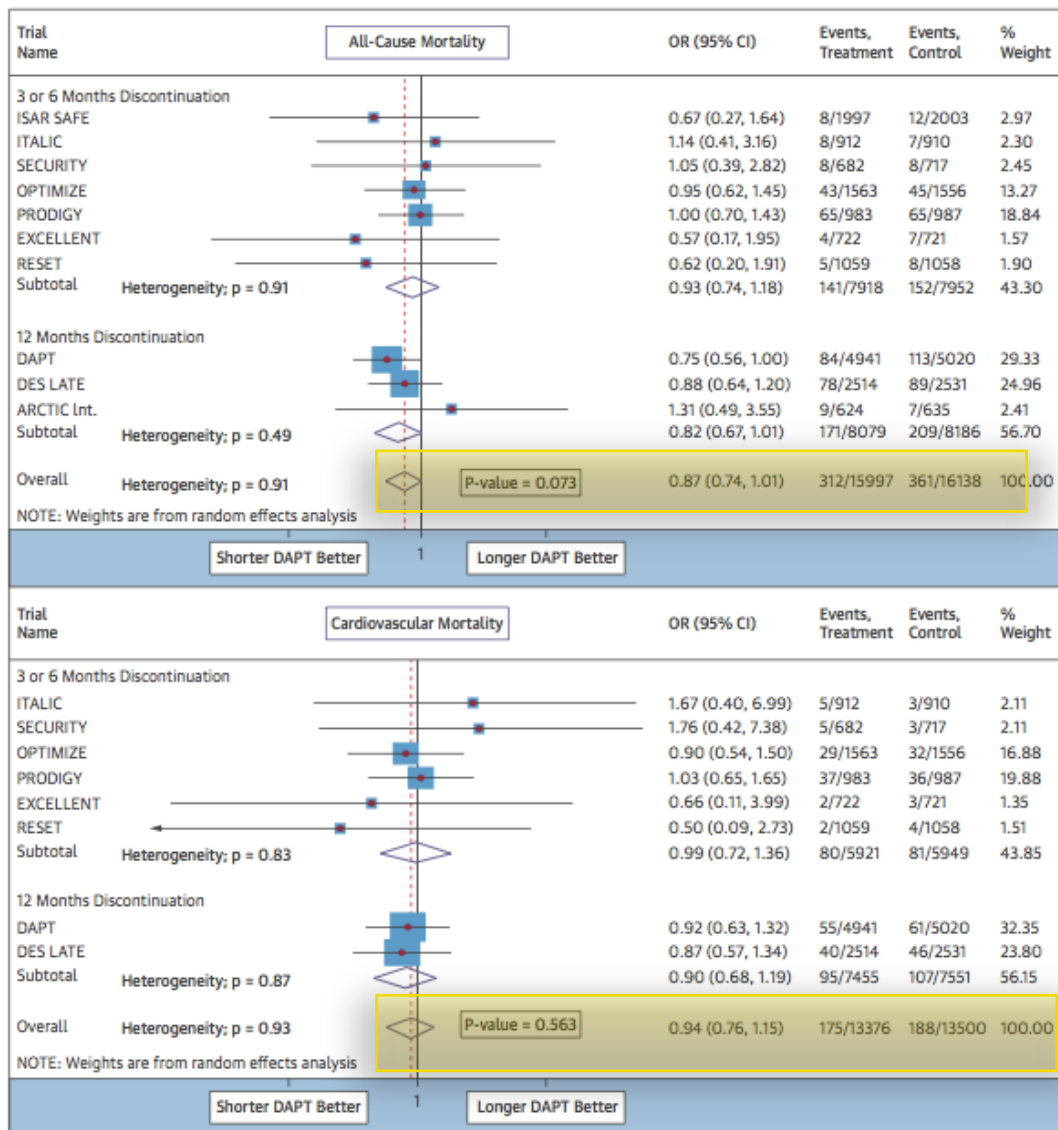




FIGURE 4 All-Cause and Cardiovascular Mortality in Randomized Clinical Trials

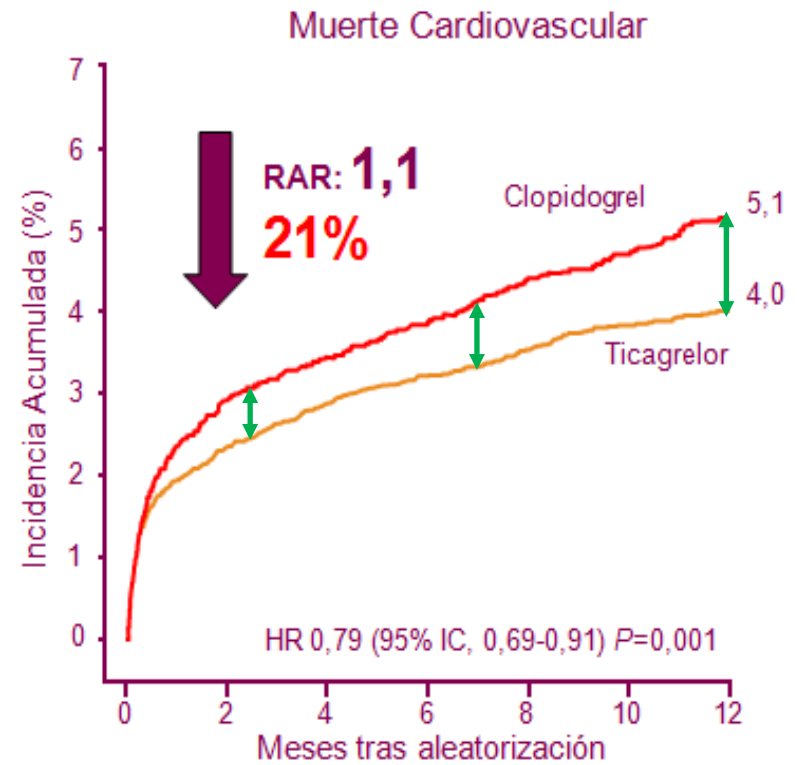
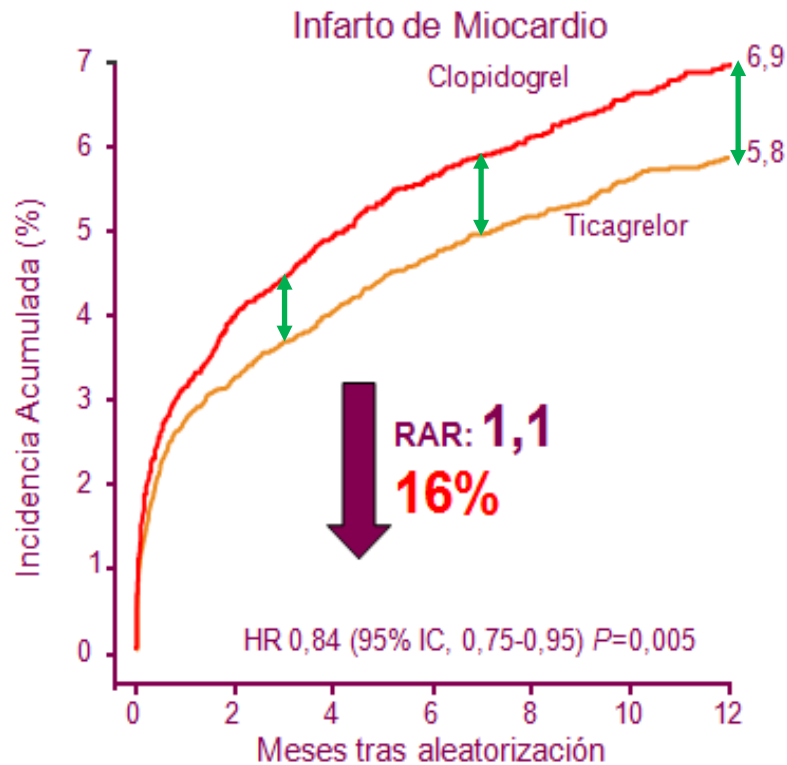


Size of central markers reflects the weight of each study. Abbreviations as in Figure 2.



Ticagrelor versus Clopidogrel in Patients with Acute Coronary Syndromes

Lars Wallentin, M.D., Ph.D., Richard C. Becker, M.D., Andrzej Budaj, M.D., Ph.D., Christopher P. Cannon, M.D., Håkan Emanuelsson, M.D., Ph.D., Claes Held, M.D., Ph.D., Jay Horrow, M.D., Steen Husted, M.D., D.Sc., Stefan James, M.D., Ph.D., Hugo Katus, M.D., Kenneth W. Mahaffey, M.D., Benjamin M. Scirica, M.D., M.P.H., Allan Skene, Ph.D., Philippe Gabriel Steg, M.D., Robert F. Storey, M.D., D.M., and Robert A. Harrington, M.D., for the PLATO Investigators*



No. en riesgo

Ticagrelor	9333	8678	8520	8279	6796	5210	4191	9333	8294	8822	8626	7119	5482	4419
Clopidogrel	9291	8560	8405	8177	6703	5136	4109	9291	8865	8780	8589	7079	5441	4364

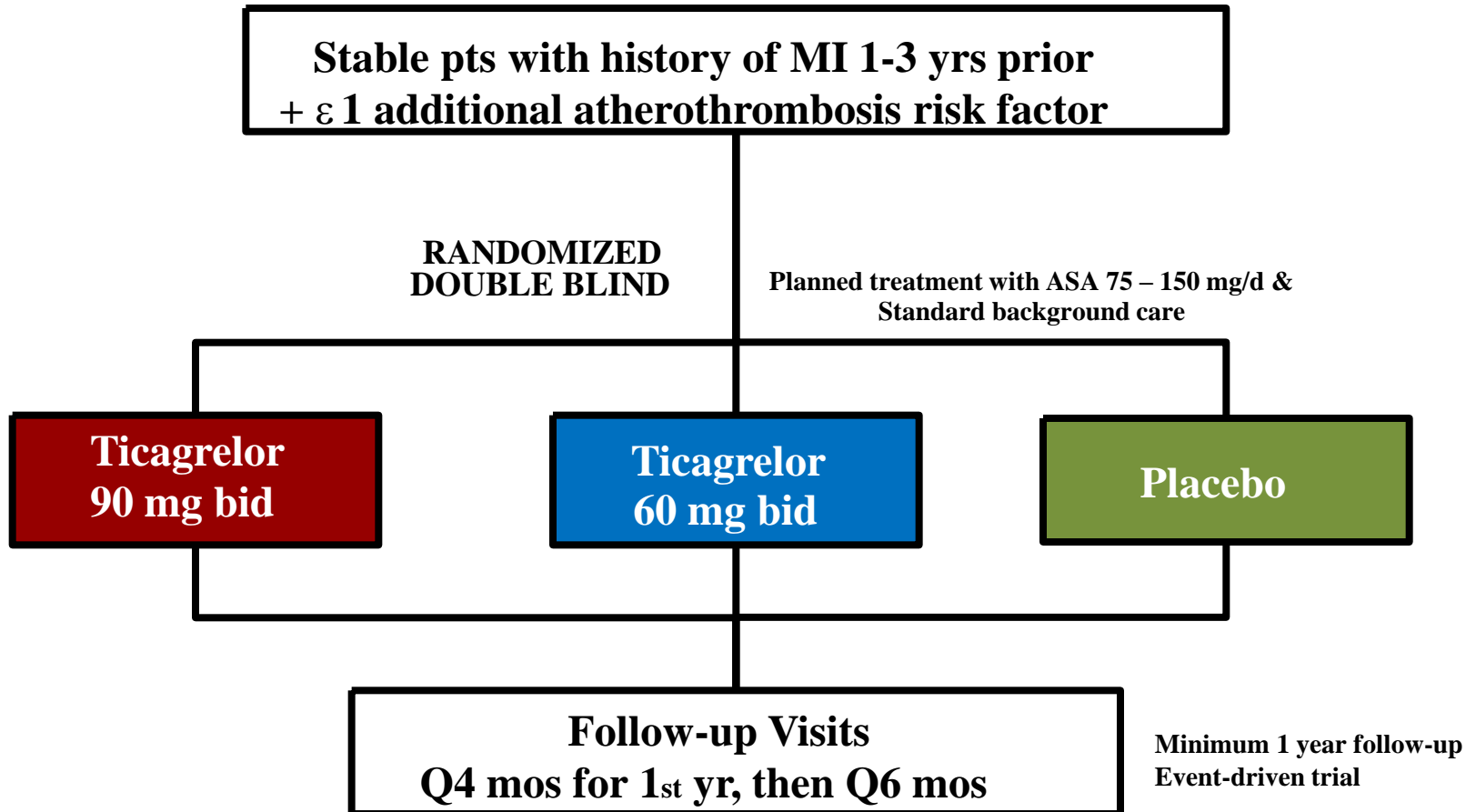


The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Long-Term Use of Ticagrelor in Patients with Prior Myocardial Infarction

Marc P. Bonaca, M.D., M.P.H., Deepak L. Bhatt, M.D., M.P.H.,
Marc Cohen, M.D., Philippe Gabriel Steg, M.D., Robert F. Storey, M.D.,
Eva C. Jensen, M.D., Ph.D., Giulia Magnani, M.D., Sameer Bansilal, M.D.,
M. Polly Fish, B.A., Kyungah Im, Ph.D., Olof Bengtsson, Ph.Lic.,
Ton Oude Ophuis, M.D., Ph.D., Andrzej Budaj, M.D., Ph.D., Pierre Theroux, M.D.,
Mikhail Ruda, M.D., Christian Hamm, M.D., Shinya Goto, M.D.,
Jindrich Spinar, M.D., José Carlos Nicolau, M.D., Ph.D., Robert G. Kiss, M.D., Ph.D.,
Sabina A. Murphy, M.P.H., Stephen D. Wiviott, M.D., Peter Held, M.D., Ph.D.,
Eugene Braunwald, M.D., and Marc S. Sabatine, M.D., M.P.H.,
for the PEGASUS-TIMI 54 Steering Committee and Investigators*



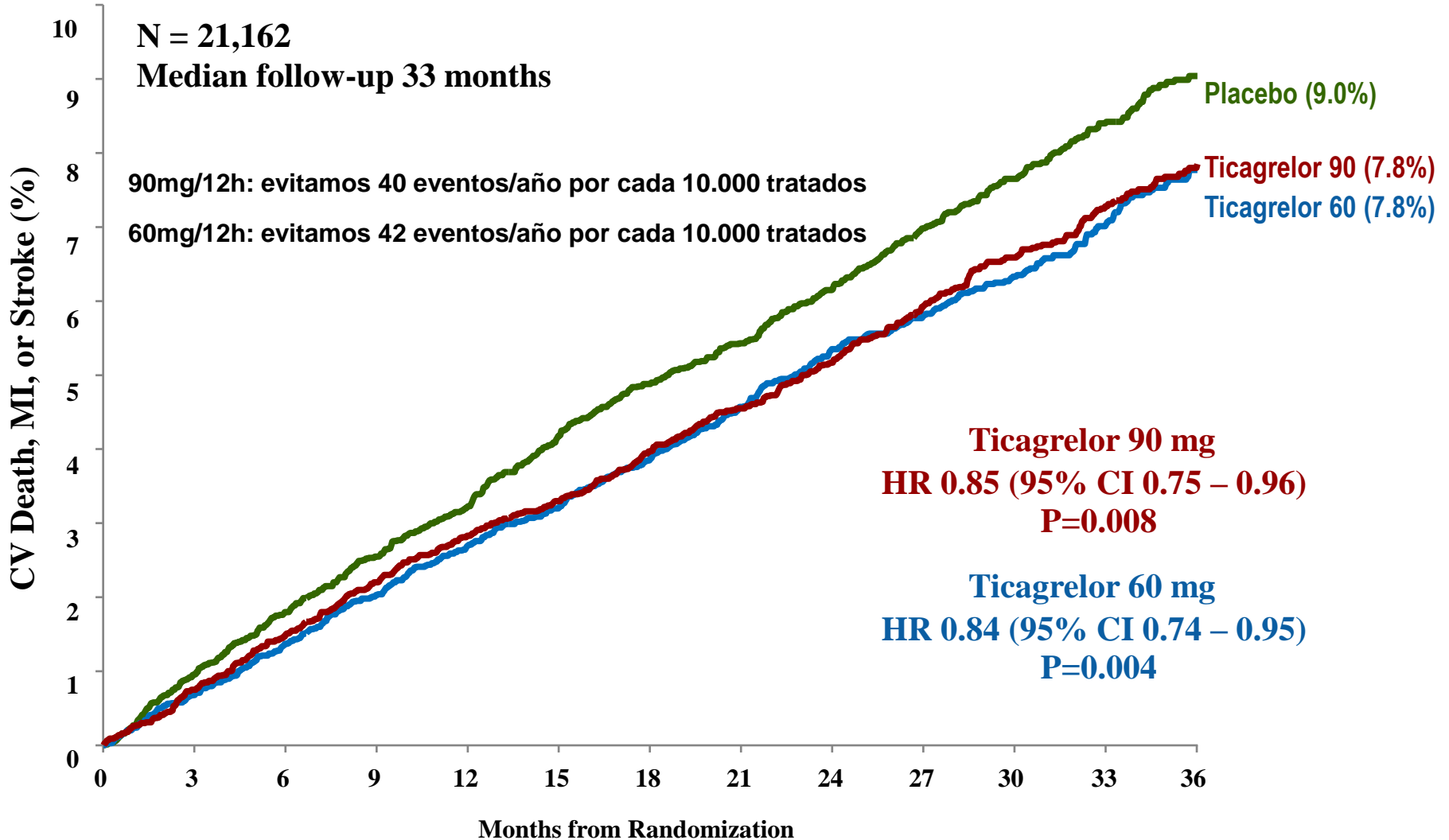
KEY INCLUSION

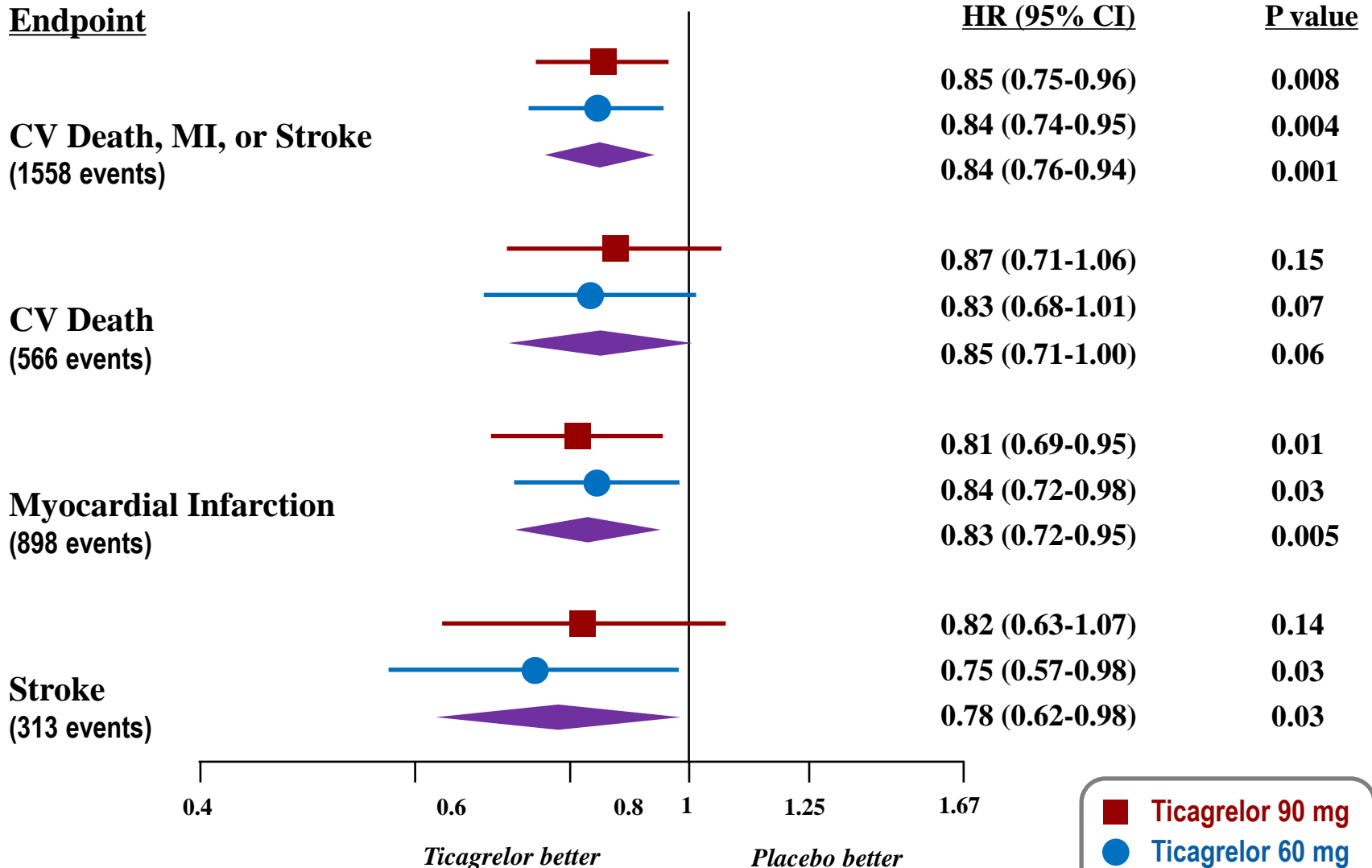
- Age ≥ 50 years
- At least 1 of the following:
 - Age ≥ 65 years
 - Diabetes requiring medication
 - 2nd prior MI (>1 year ago)
 - Multivessel CAD
 - CrCl <60 mL/min
- Tolerating ASA and able to be dosed at 75-150 mg/d

KEY EXCLUSION

- Planned use of P2Y₁₂ antagonist, dipyridamole, cilostazol, or anticoag
- Bleeding disorder
- History of ischemic stroke, ICH, CNS tumor or vascular abnormality
- Recent GI bleed or major surgery
- At risk for bradycardia
- Dialysis or severe liver disease

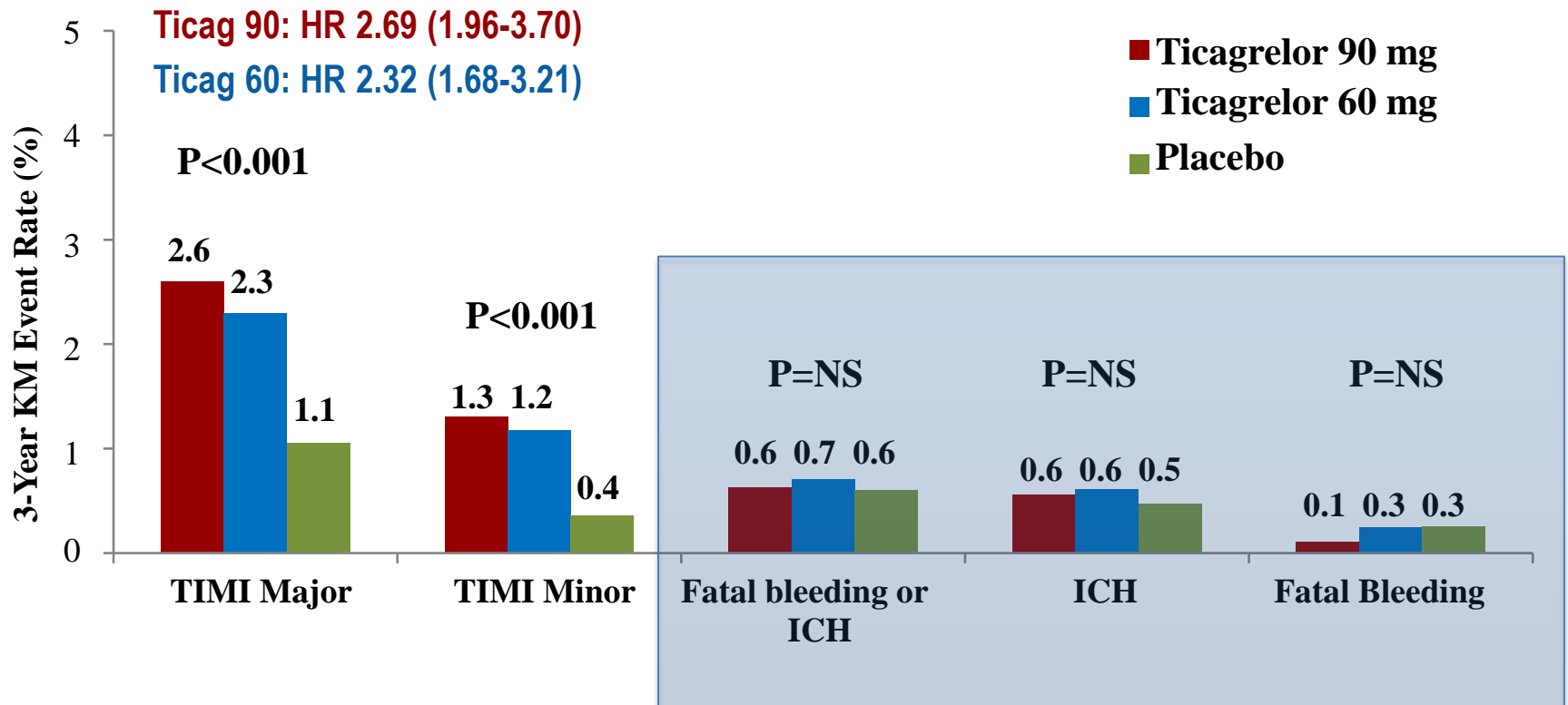
Primary Endpoint





90mg/12h: Sangrado mayor TIMI : 41 eventos/año por cada 10.000 tratados

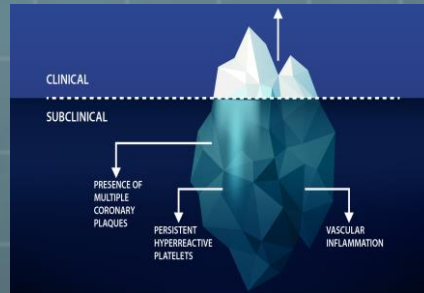
60mg/12h: Sangrado mayor TIMI : 31 eventos/año por cada 10.000 tratados



Conclusiones

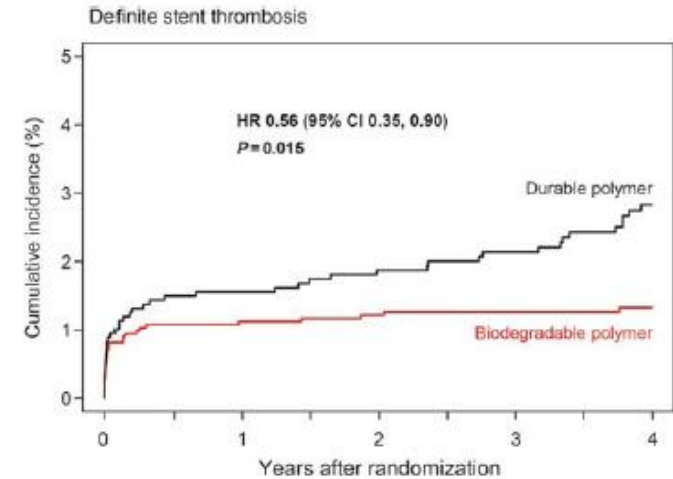
- **Añadir Ticagrelor a bajas dosis de AAS en pacientes estables con historia de IM reduce el riesgo de muerte CDV, ictus o infarto**
- **Ticagrelor aumenta el riesgo de sangrado mayor TIMI, pero no de sangrado fatal ni intracraneal**
- **Las dos dosis tienen una eficacia similar, pero el sangrado y otros efectos secundarios son menores con la dosis de 60 mg/12h**

RIESGO RESIDUAL



SINDROME CORONARIO AGUDO

STENT



Patients at risk	0	1	2	3	4
Durable polymer	1704	1586	1524	1417	1167
Biodegradable polymer	2358	2208	2127	1924	1268

Continued thienopyridine therapy with a lower cumulative incidence of myocardial infarction than was placebo (2.1% vs. 4.1%; hazard ratio, 0.47 [95% CI, 0.37 to 0.61]; $P < 0.001$) (Fig. S1 in the Supplementary Appendix); myocardial infarction that was not related to stent thrombosis (1.8% vs. 2.9%; hazard ratio, 0.59; $P < 0.001$) accounted for 55% of the treatment benefit. The two groups had similar rates of death



- El riesgo --- beneficio de la duración de la DAPT debe individualizarse según riesgo isquémico y hemorrágico





Duration of dual antiplatelet therapy after coronary artery stenting: where is the sweet spot between ischaemia and bleeding?

Ronald K. Binder and Thomas F. Lüscher*

European Heart Journal Advance Access published April 2, 2015

		Ischemic Risk		
		Low	Moderate	High
Bleeding Risk	Low	6 months	12 months	≥ 30 months
	Moderate	3 – 6 months	6 - 12 months	12 months
	High	≤ 3 months	3 - 6 months	6 - 12 months

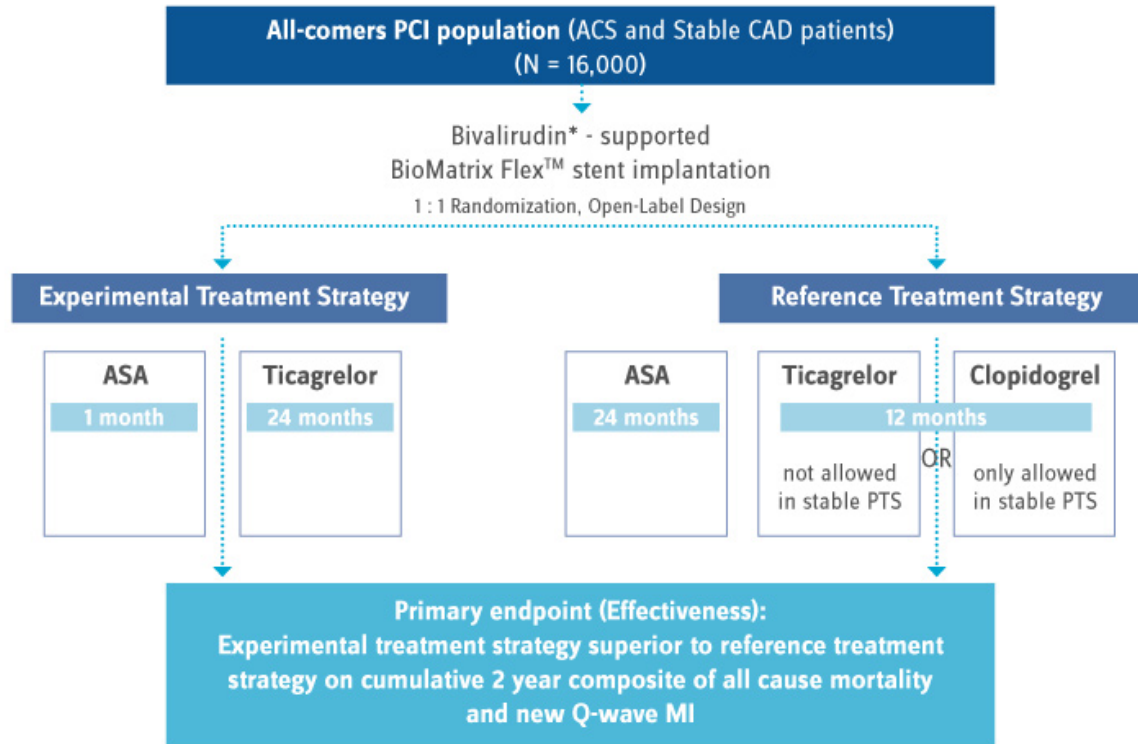




GLOBAL LEADERS TRIAL

ECRI
European Collaborative Research Institute

GLOBAL LEADERS flowchart



Scientific Grants to ECRI: Biosensors, AstraZeneca and The Medicines Company

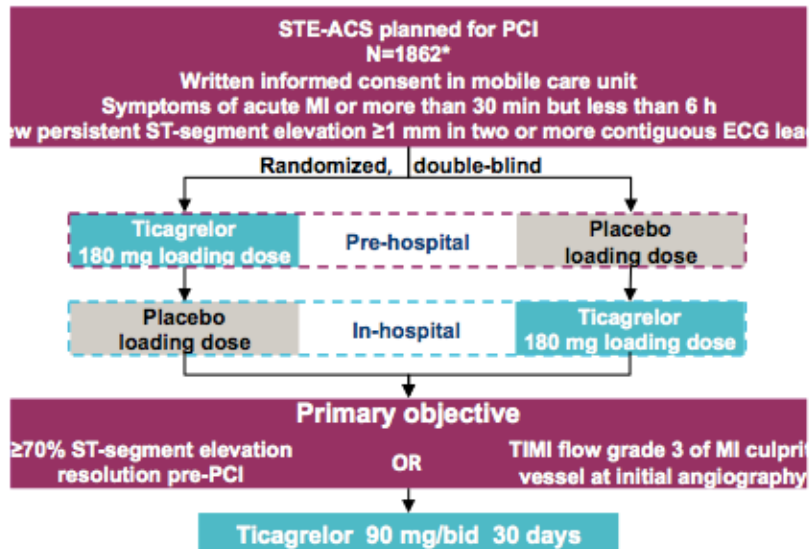
* In countries where available

ORIGINAL ARTICLE

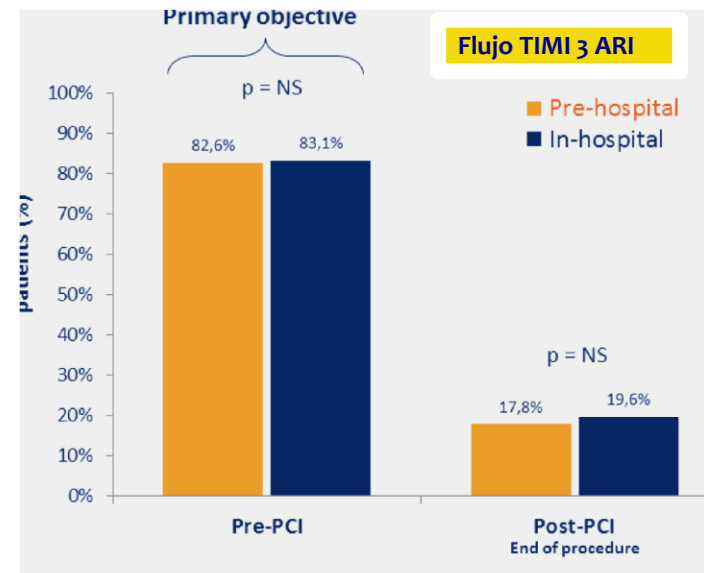
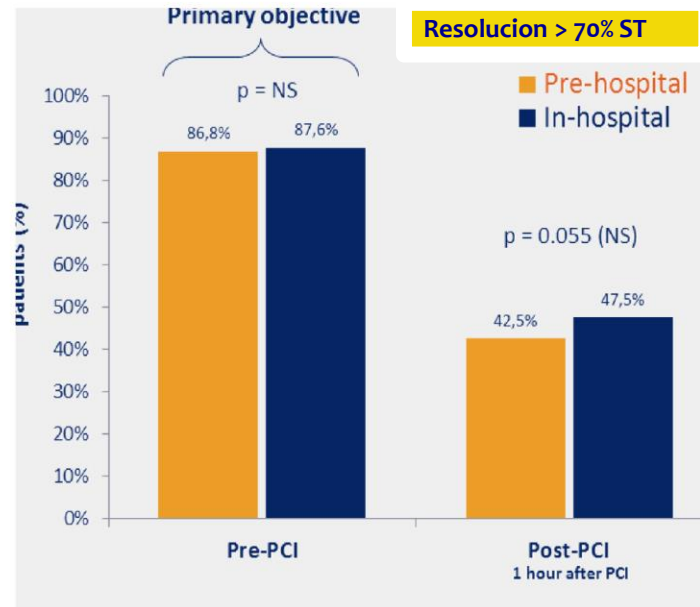
Prehospital Ticagrelor in ST-Segment Elevation Myocardial Infarction

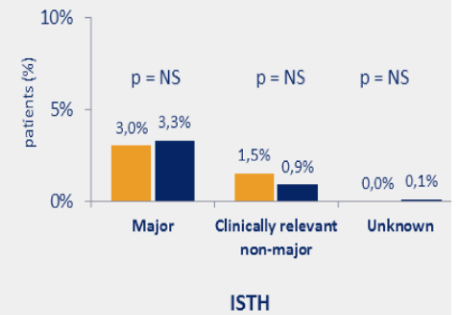
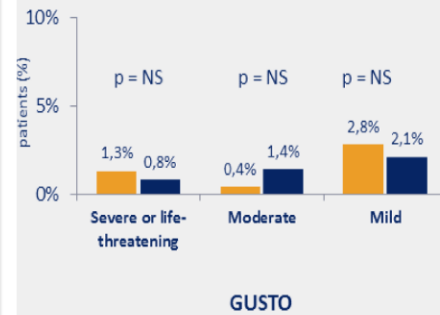
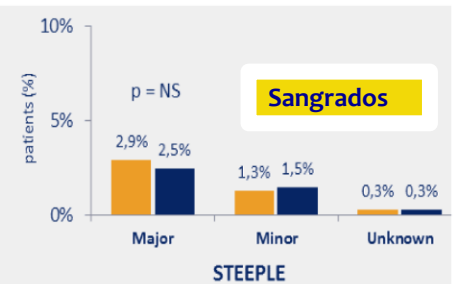
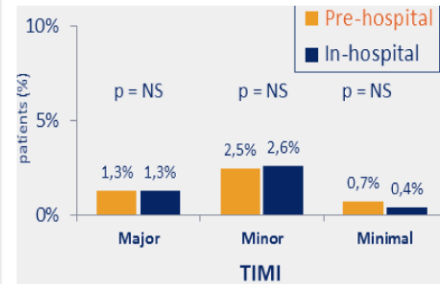
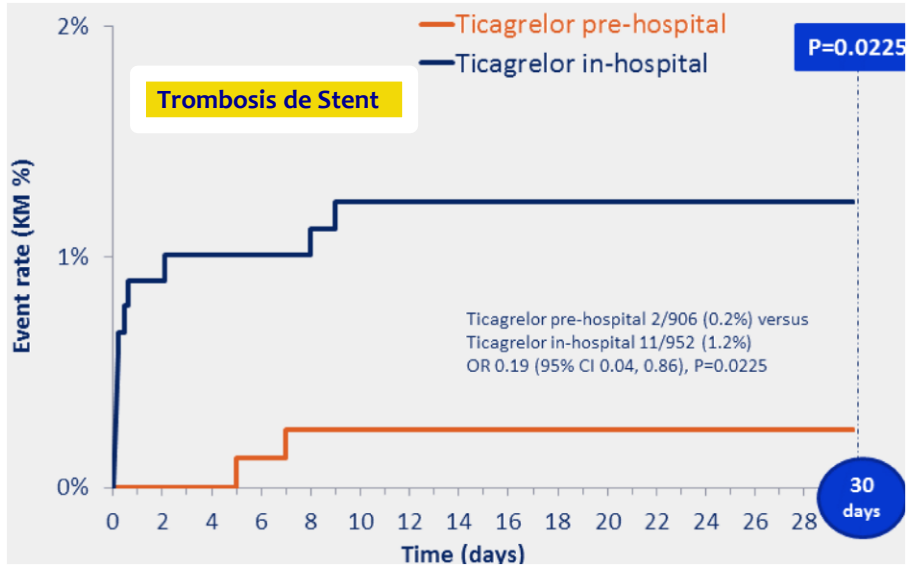
Gilles Montalescot, M.D., Ph.D., Arnoud W. van 't Hof, M.D., Ph.D., Frédéric Lapostolle, M.D., Ph.D., Johanne Silvain, M.D., Ph.D., Jens Flensted Lassen, M.D., Ph.D., Leonardo Bolognese, M.D., Warren J. Cantor, M.D., Ángel Cequier, M.D., Ph.D., Mohamed Chettibi, M.D., Ph.D., Shaun G. Goodman, M.D., Christopher J. Hammett, M.B., Ch.B., M.D., Kurt Huber, M.D., Magnus Janzon, M.D., Ph.D., Béla Merkely, M.D., Ph.D., Robert F. Storey, M.D., D.M., Uwe Zeymer, M.D., Olivier Stibbe, M.D., Patrick Ecollan, M.D., Wim M.J.M. Heutz, M.D., Eva Swahn, M.D., Ph.D., Jean-Philippe Collet, M.D., Ph.D., Frank F. Willems, M.D., Ph.D., Caroline Baradat, M.Sc., Muriel Licour, M.Sc., Anne Tsatsaris, M.D., Eric Vicaut, M.D., Ph.D., and Christian W. Hamm, M.D., Ph.D., for the ATLANTIC Investigators*

ATLANTIC study population and design



*Consented and randomized Montalescot G et al. Am Heart J 2013;165:515-522







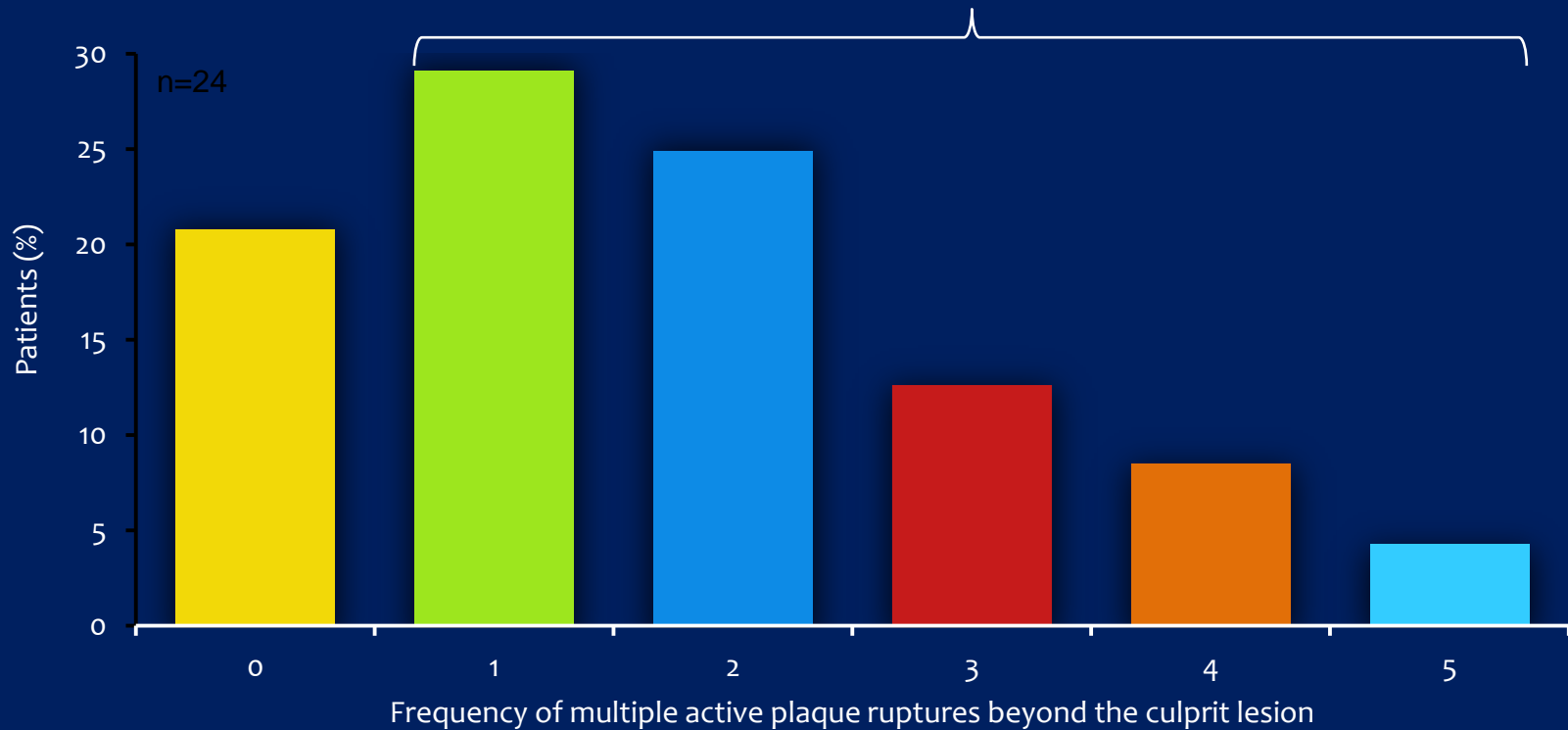
Muchas gracias



Patients with ACS have multiple active plaques



79% of patients have >1 active plaque^[Rioufol 2002]



APOLLO: 5 individual studies in 4 countries encompassing >150,000 patients



Countries



↓ Sweden



↓ USA



↓ England



↓ France

Record sources

National registries

Medicare

CPRD, MINAP, HES

EGB, PMSI

Details

- Nationwide
- N=77 976
- Hospitalisation
MI/stroke/bleed
- Death

- Sample
- N=53 909
- Hospitalisation
MI/stroke/bleed
- Death

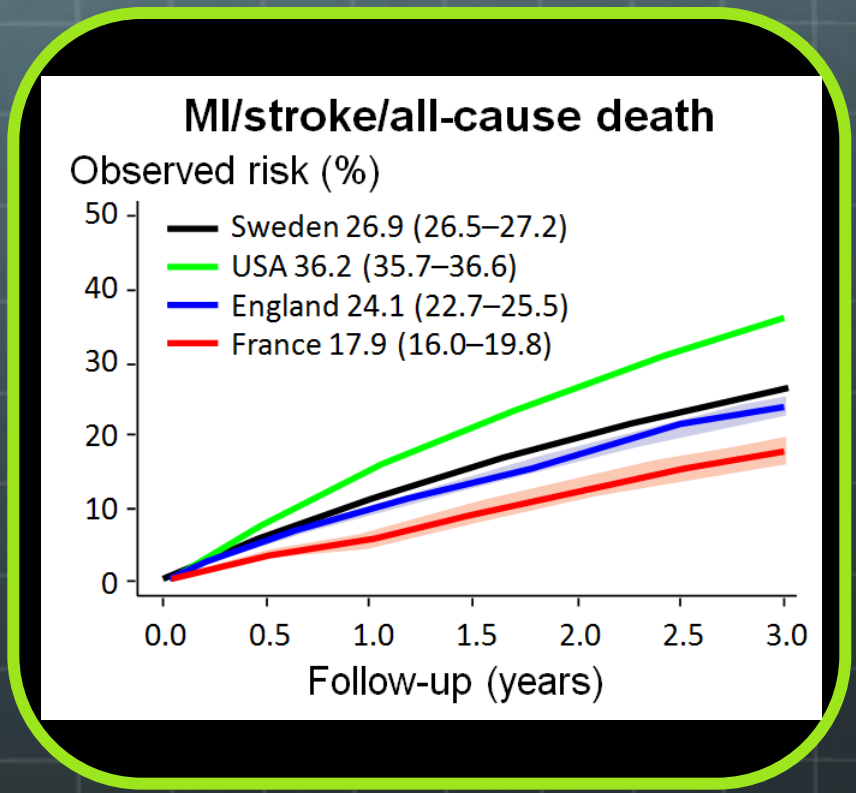
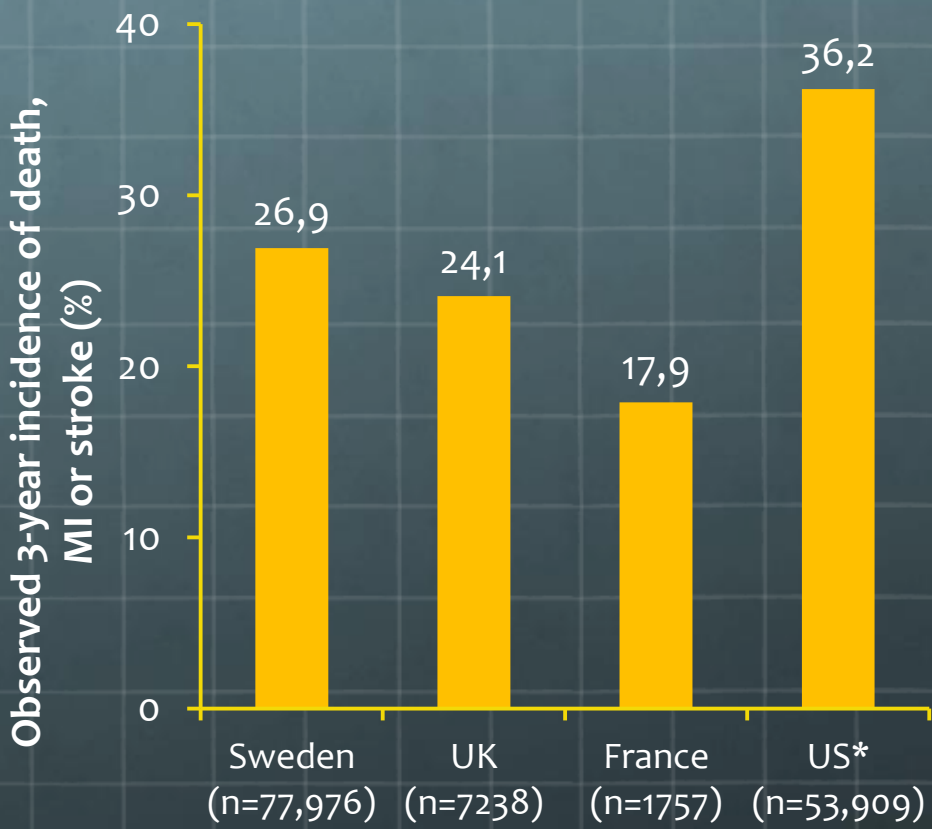
- Sample
- N=7238
- Hospitalisation
MI/stroke/bleed
- Death

- Sample
- N=1764
- Hospitalisation
MI/stroke/bleed
- Death



Mas de 1/3 de los pacientes libres de eventos en el primer año tras un infarto, sufrirán en los siguientes tres años un ictus, muerte o infarto

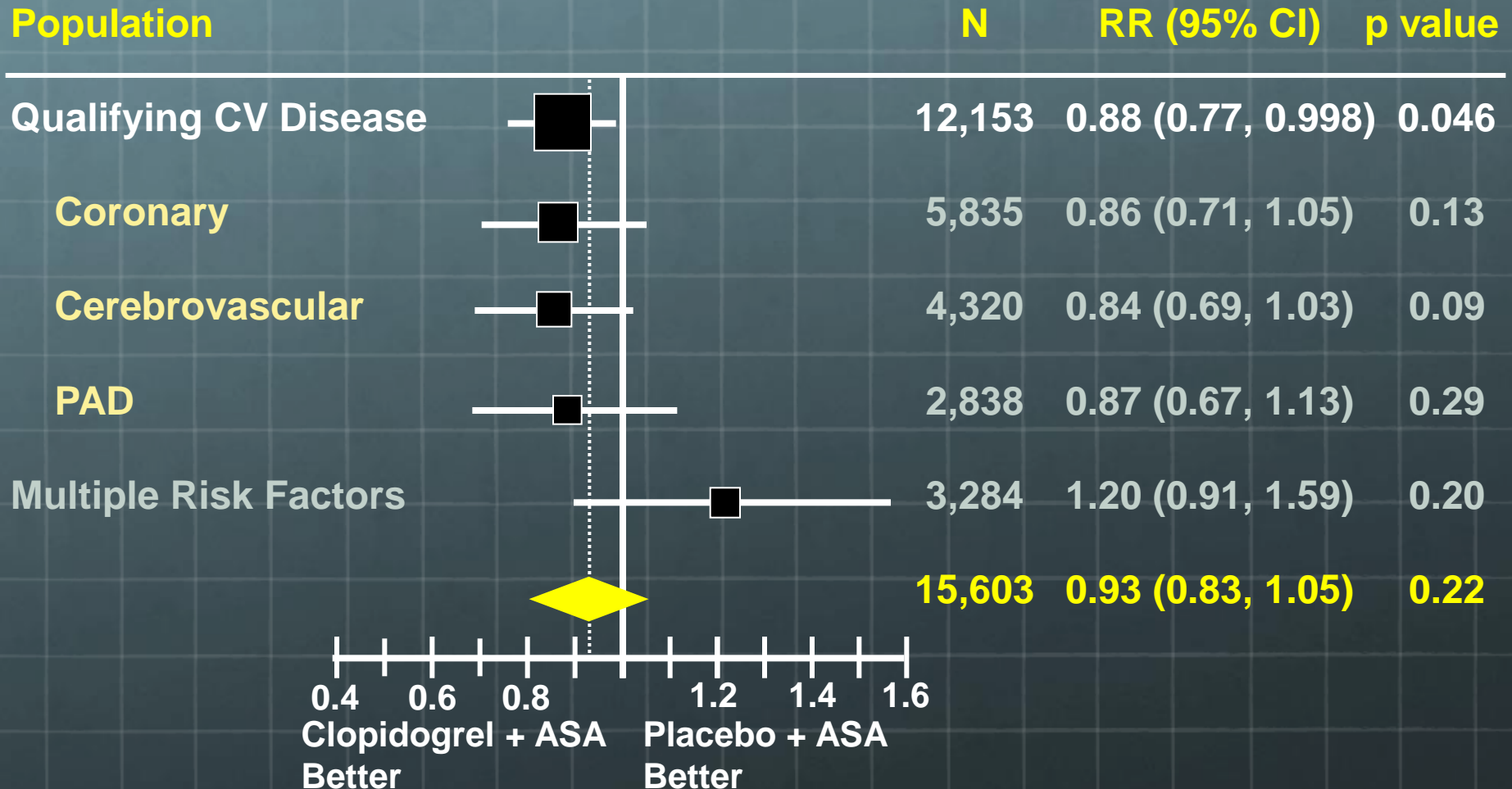
APOLLO 4-country analysis : Incidencia Observada



*US sample restricted to patients aged ≥65 years. MI, myocardial infarction. Shaded areas / figures in brackets [95%CI]
Rapsomaniki E, et al. ESC Late Breaking Registry presentation 2014: In press.



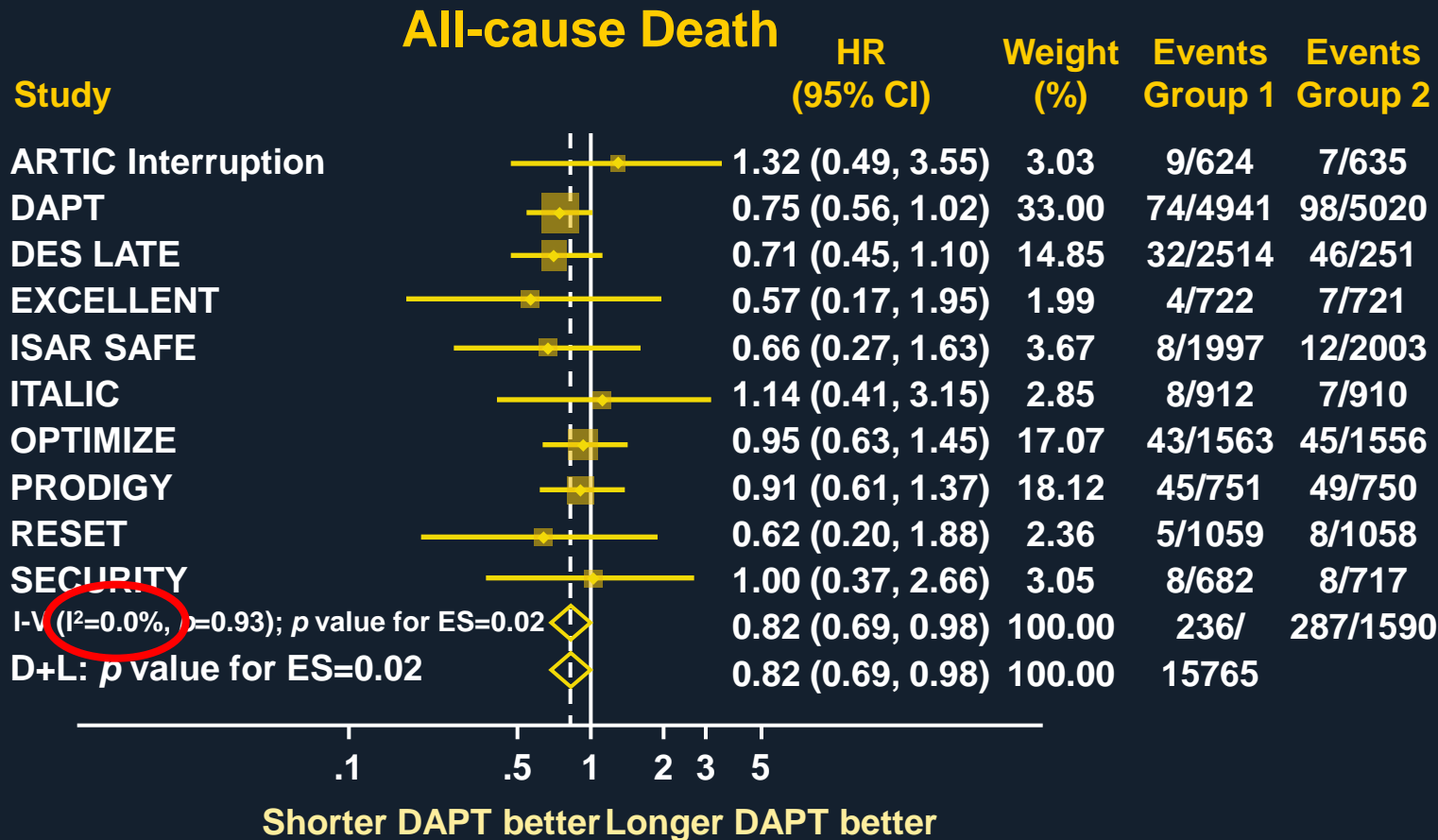
Primary Efficacy Results (MI/Stroke/CV Death) by Category of Inclusion Criteria



Mortality with Extended Duration DAPT After DES:



Meta-Analysis of 10 RCTs and 31,666 Pts



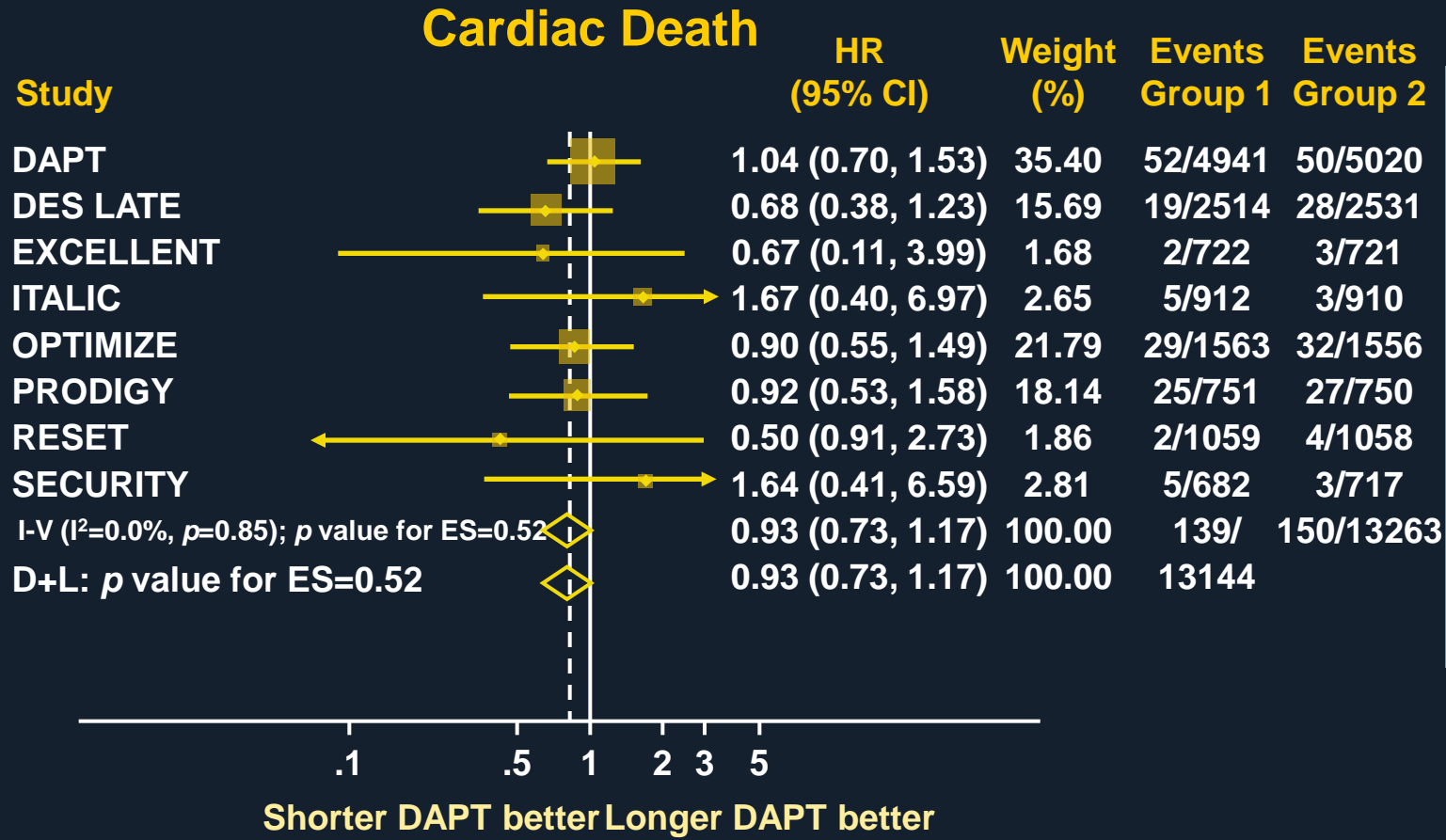
**22% ↑
mortality
with
prolonged
DAPT
($p=0.02$)**

ES=effect size



Mortality with Extended Duration DAPT After DES.

Meta-Analysis of 10 RCTs and 31,666 Pts



**8% ↑
cardiac
mortality
with
prolonged
DAPT
($p=NS$)**

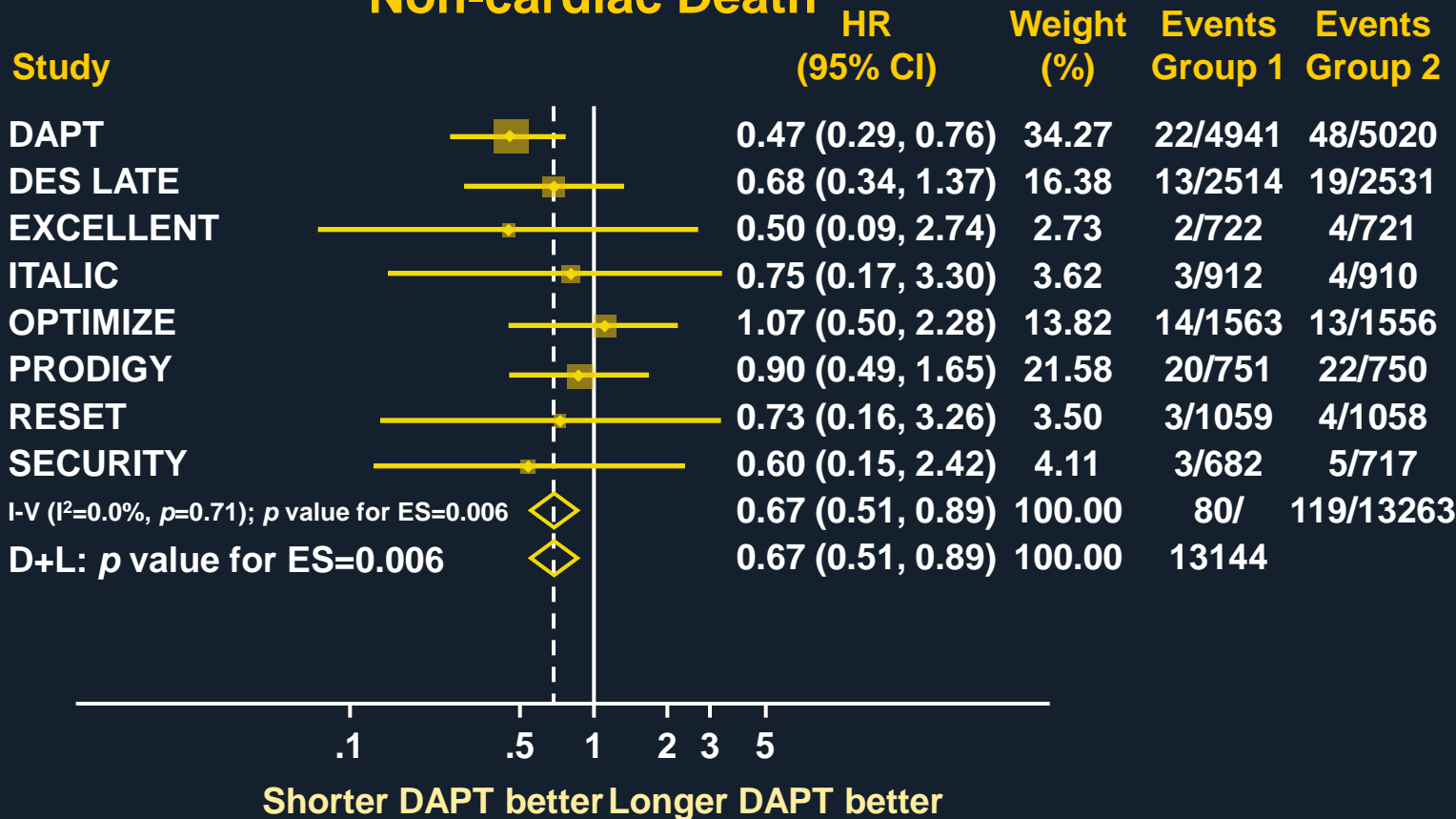
ES=effect size

Mortality with Extended Duration DAPT After DES:

Meta-Analysis of 10 RCTs and 31,666 Pts



Non-cardiac Death

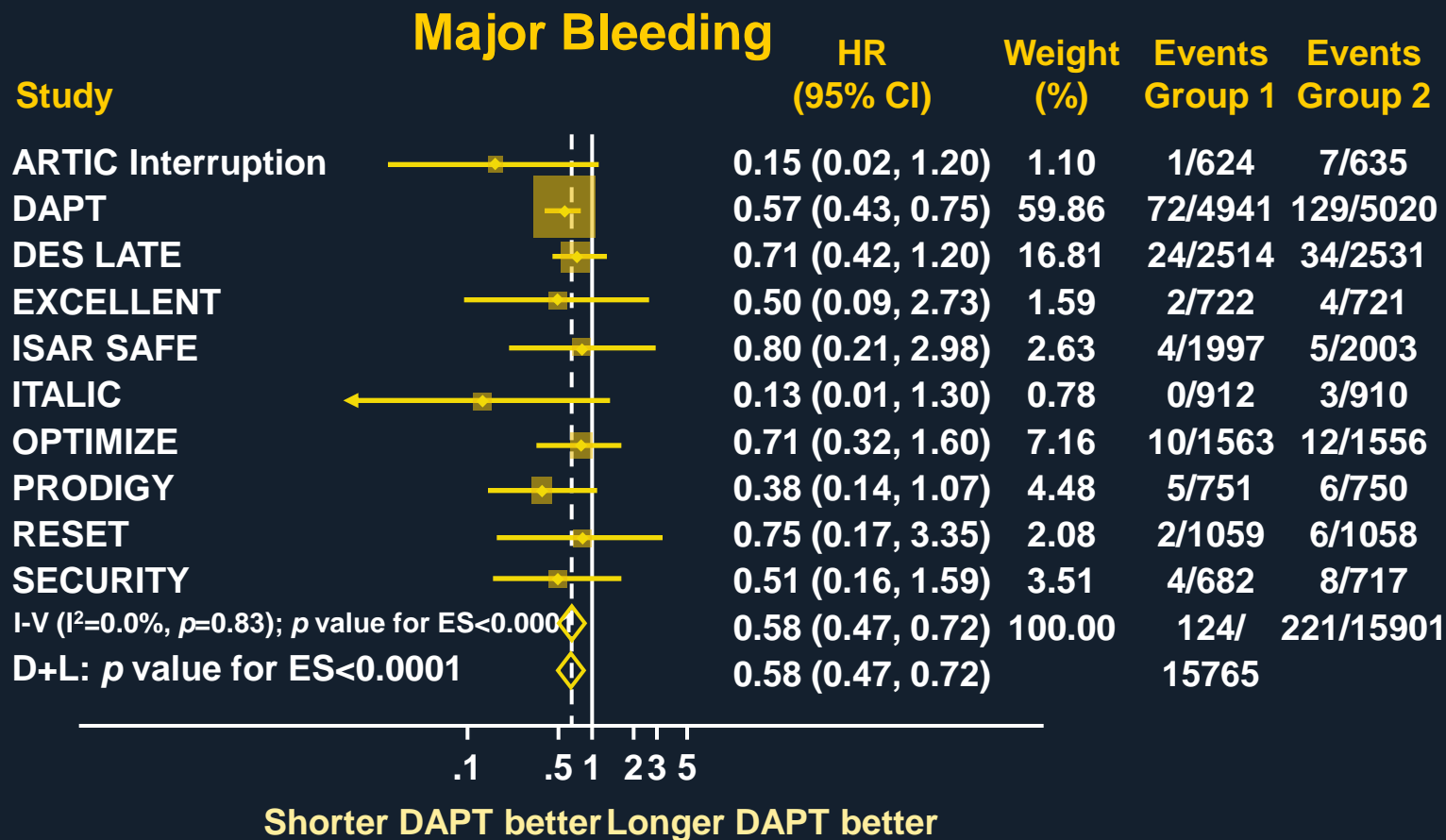


49%↑
non-cardiac mortality with prolonged DAPT
($p=0.006$)

ES=effect size

Mortality with Extended Duration DAPT After DES:

Meta-Analysis of 10 RCTs and 31,666 Pts

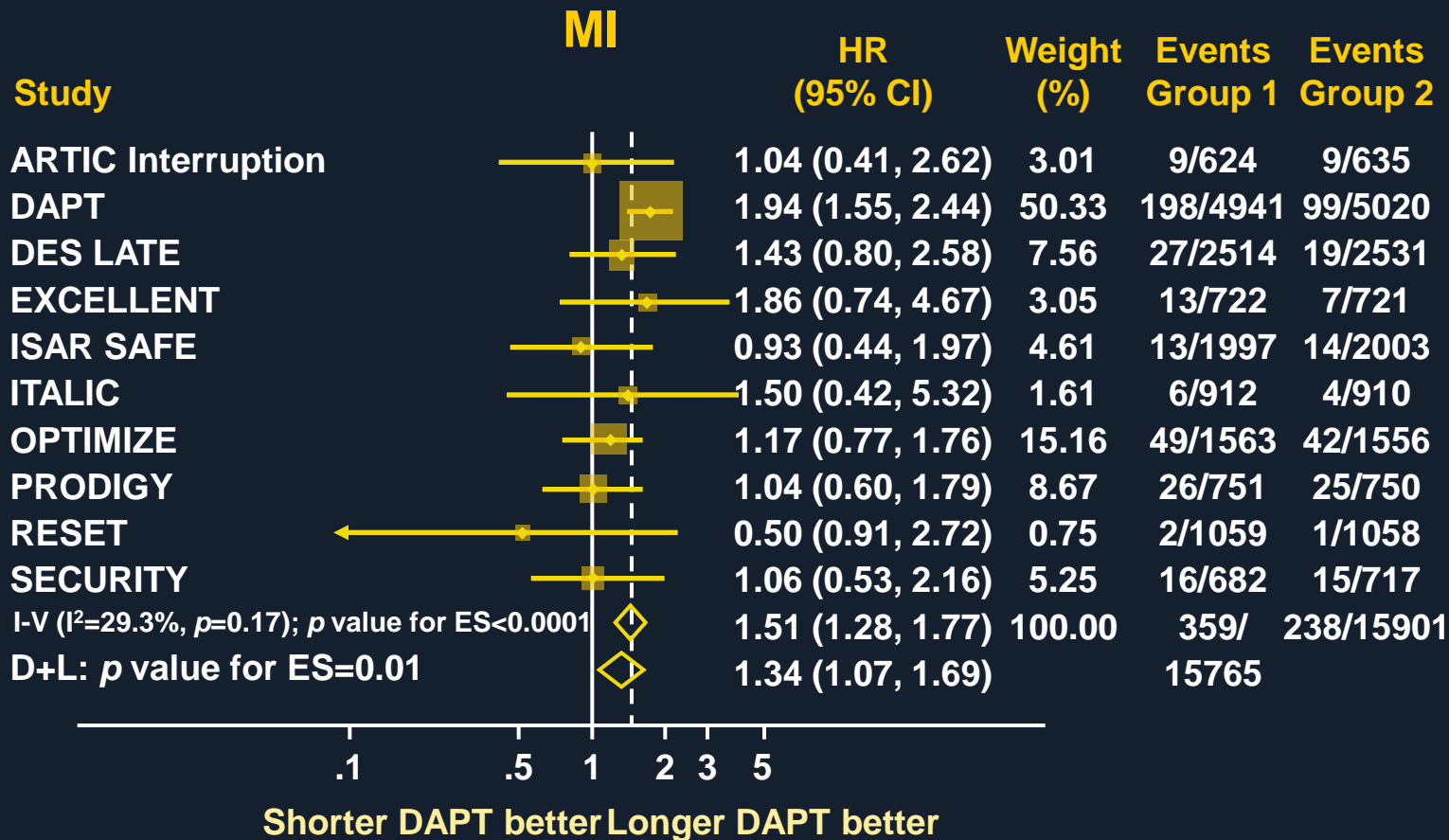


**72%↑
bleeding
with
prolonged
DAPT
(p<0.0001)**

ES=effect size

Mortality with Extended Duration DAPT After DES:

Meta-Analysis of 10 RCTs and 31,666 Pts

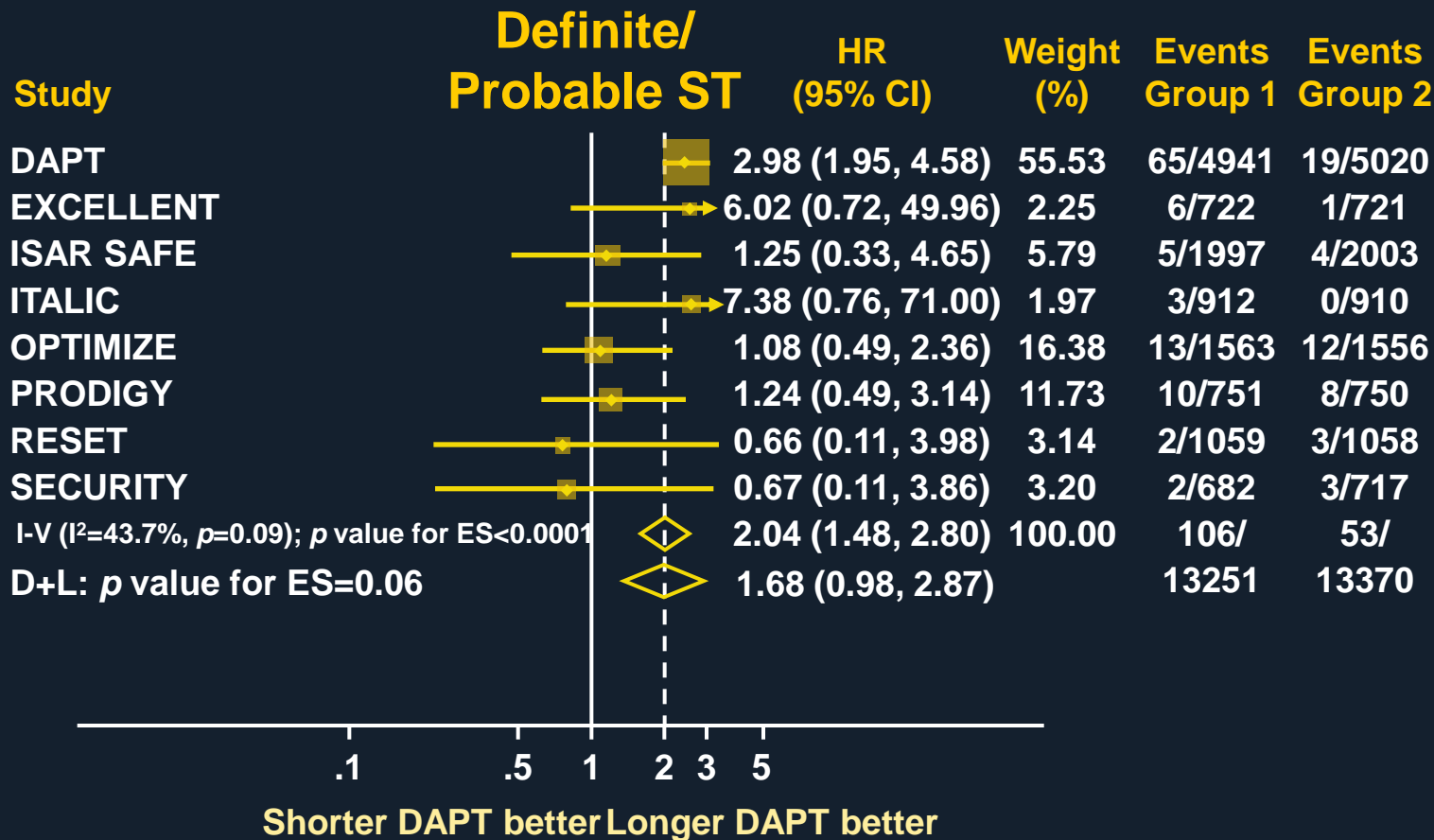


**25%↓
MI
with
prolonged
DAPT
($p=0.01$)**

ES=effect size

Mortality with Extended Duration DAPT After DES:

Meta-Analysis of 10 RCTs and 31,666 Pts



**41%↓
stent
thrombosis
with
prolonged
DAPT
($p=0.06$)**

ES=effect size

Mortality with Extended Duration DAPT After DES

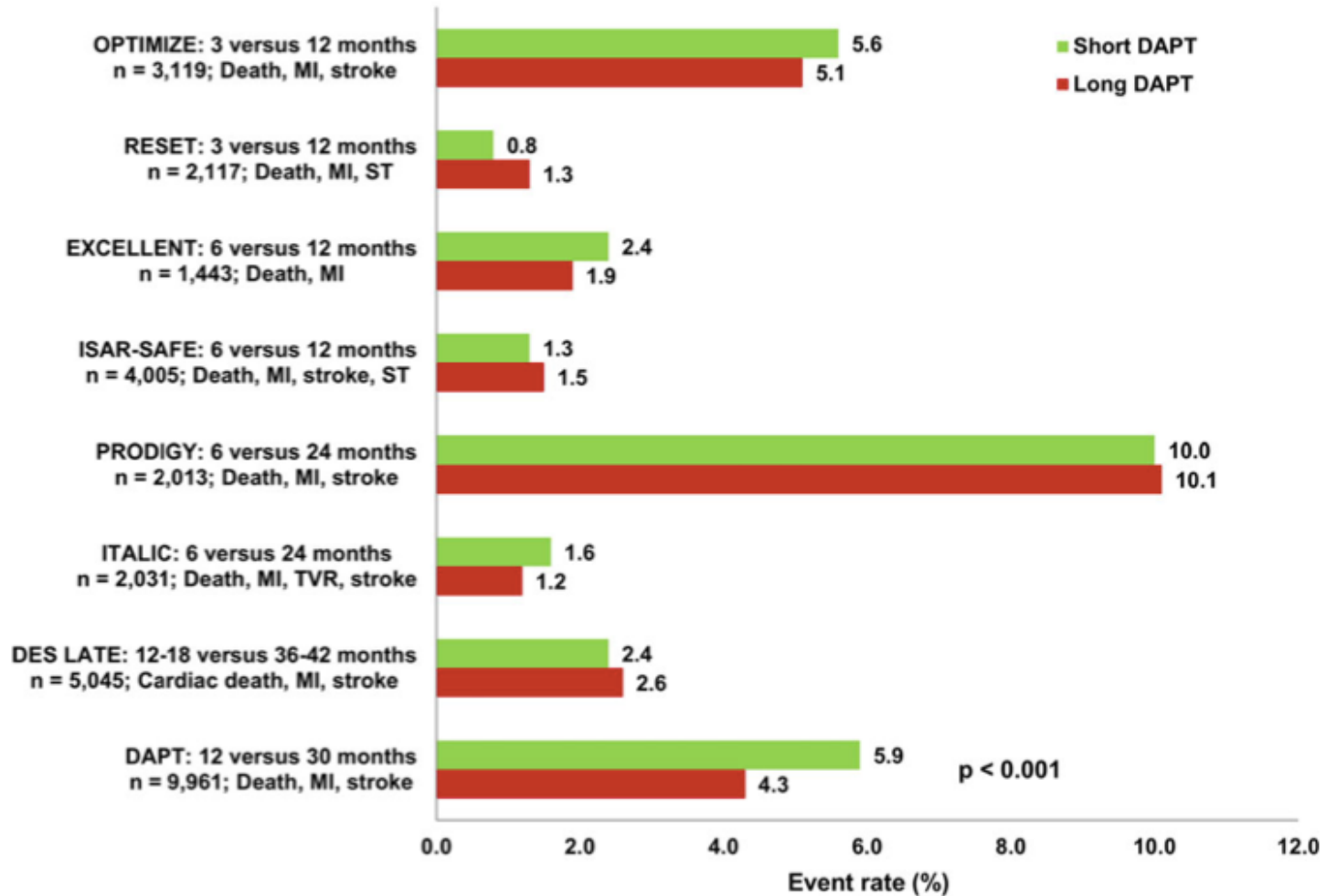


Meta-Analysis of 10 RCTs and 31,666 Pts

	≤6-month vs 1-year DAPT HR (95% CrI)	6-month vs >1-year DAPT HR (95% CrI)	1-year vs >1-year DAPT HR (95% CrI)
Yellow: sig ↓ w/short DAPT Orange: sig ↑ w/short DAPT			
All-cause death	0.95 (0.76-1.20)	0.78 (0.59-1.00)	0.82 (0.65-1.00)
- Cardiac	0.96 (0.68-1.40)	0.90 (0.62-1.30)	0.93 (0.69-1.20)
- Non-cardiac	1.00 (0.69-1.60)	0.65 (0.41-1.00)	0.61 (0.42-0.87)
Myocardial infarction	1.00 (0.75-1.30)	1.70 (1.30-2.40)	1.70 (1.40-2.10)
Def/prob stent thrombosis	1.10 (0.66-1.70)	2.70 (1.50-5.00)	2.50 (1.70-4.00)
Major bleeding	0.59 (0.36-0.95)	0.34 (0.20-0.55)	0.58 (0.45-0.74)



MACCE and DAPT Duration





Bleeding and DAPT Duration

